

# Individual Best Times (All Time)

Samuel Thomas - (929155) - Windsor SC

## Short Course

| Stroke                | SC Time | Converted to LC | SC WA Pts | Date     | Meet  | Venue      | License  | Level |
|-----------------------|---------|-----------------|-----------|----------|---|------------|----------|-------|
| 50 Freestyle          | 33.36   | 34.00           | 220       | 11/07/15 | Windsor Level 3 Sprint Meet                   | Maidenhead | SE150557 | 3     |
| 100 Freestyle         | 1:14.70 | 1:15.80         | 216       | 07/12/14 | Windsor Level 3 Open Meet                     | Maidenhead | SE14332  | 3     |
| 200 Freestyle         | 2:46.30 | 2:48.40         | 213       | 07/03/15 | Berks & S Bucks ASA County & Age Group Champs | Maidenhead | CC150816 | 2     |
| 400 Freestyle         | 6:01.32 | 6:05.20         | 202       | 23/10/14 | Windsor Club Championships                    | Windsor    | SE14397  | 4     |
| 50 Breaststroke       | 49.28   | 49.90           | 129       | 11/07/15 | Windsor Level 3 Sprint Meet                   | Maidenhead | SE150557 | 3     |
| 100 Breaststroke      | 1:45.93 | 1:47.10         | 142       | 11/07/15 | Windsor Level 3 Sprint Meet                   | Maidenhead | SE150557 | 3     |
| 50 Butterfly          | 39.81   | 40.30           | 163       | 11/07/15 | Windsor Level 3 Sprint Meet                   | Maidenhead | SE150557 | 3     |
| 50 Backstroke         | 42.09   | 42.60           | 144       | 11/07/15 | Windsor Level 3 Sprint Meet                   | Maidenhead | SE150557 | 3     |
| 100 Backstroke        | 1:31.35 | 1:32.20         | 148       | 11/07/15 | Windsor Level 3 Sprint Meet                   | Maidenhead | SE150557 | 3     |
| 200 Individual Medley | 3:25.89 | 3:27.80         | 150       | 06/12/14 | Windsor Level 3 Open Meet                     | Maidenhead | SE14332  | 3     |
| 100 Individual Medley | 1:29.08 | 1:29.10         | 169       | 21/03/15 | Berks & S Bucks ASA County & Age Group Champs | Maidstone  | CC150818 | 2     |