

# Individual Best Times (All Time)

Phoebe Ingfield - (929079) - Brompton SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	35.44	34.80	295	21/10/12	Wycombe District SC Annual BC Meet	Wycombe	SE2513	3
100 Freestyle	1:25.92	1:24.90	217	13/04/13	The Bracknell Spring Level 3 Open Meet	Aldershot	SE3131	3
50 Breaststroke	51.87	51.30	177	21/10/12	Wycombe District SC Annual BC Meet	Wycombe	SE2513	3
50 Backstroke	44.06	43.60	226	13/04/13	The Bracknell Spring Level 3 Open Meet	Aldershot	SE3131	3
100 Backstroke	1:39.24	1:38.40	192	21/10/12	Wycombe District SC Annual BC Meet	Wycombe	SE2513	3
200 Individual Medley	3:27.41	3:25.50	224	13/04/13	The Bracknell Spring Level 3 Open Meet	Aldershot	SE3131	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.54	35.10	292	19/10/13	Staines SC Black Swan Winter Meet 2013	Elmbridge	SE3396	3
100 Freestyle	1:20.74	1:21.80	241	22/06/14	Brompton SC Summer Sprints Champs 2014	Fulham	LR4850	4
200 Freestyle	3:15.07	3:16.80	180	30/11/13	Brompton Mid Distance Championships	Fulham	LR31017	4
50 Breaststroke	52.24	52.80	160	17/04/12	Middlesex County ASA Spring Development	Enfield	LR2233	4
100 Breaststroke	2:04.61	2:05.60	125	06/11/11	Ealing November Development Meet	Ealing	LR1510	4
200 Breaststroke	4:06.41	4:08.60	162	30/11/13	Brompton Mid Distance Championships	Fulham	LR31017	4
50 Butterfly	42.84	43.30	184	22/06/14	Brompton SC Summer Sprints Champs 2014	Fulham	LR4850	4
200 Butterfly	3:54.41	3:55.80	132	30/11/13	Brompton Mid Distance Championships	Fulham	LR31017	4
50 Backstroke	40.18	40.70	248	13/04/14	Guildford City SC Regional Qualifier	Guildford	SE4082	3
100 Backstroke	1:34.84	1:35.70	193	13/01/13	Staines SC Black Swan County Qualifier	Staines	SE3109	3
200 Backstroke	3:23.89	3:25.50	198	30/11/13	Brompton Mid Distance Championships	Fulham	LR31017	4
200 Individual Medley	3:39.85	3:41.60	170	17/04/12	Middlesex County ASA Spring Development	Enfield	LR2233	4
100 Individual Medley	1:34.99	1:35.00	210	18/01/14	Staines Black Swan County Qualifier 2014	Elmbridge	SE4010	3