

# Individual Best Times (All Time)

Daisy Seymour - (927444) - Haslemere Swimming Club

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.03	28.30	537	27/02/16	Surrey County ASA Age Group Championships 2016	Crystal Palace	LR160384	1
100 Freestyle	1:03.55	1:02.20	538	28/05/16	ASA South East Region Swimming Championships	Crawley	SE160992	1
200 Freestyle	2:20.32	2:17.80	520	19/03/16	Rushmoor Royals L1 Spring National Qualifier	Aldershot	SE160096	1
400 Freestyle	5:11.31	5:06.80	432	23/05/15	ASASER Swimming Championships	Portsmouth	SE150985	1
50 Breaststroke	42.93	42.20	313	28/02/15	Surrey Age Group Championships	Crystal Palace	CC150303	1
200 Breaststroke	3:21.80	3:19.20	316	14/06/14	ASA South East Region Age Group Championships	Crawley	SER419	1
50 Butterfly	31.66	31.10	459	28/02/16	Surrey County ASA Age Group Championships 2016	Crystal Palace	LR160384	1
100 Butterfly	1:17.30	1:16.30	369	15/05/16	ASA South East Region Swimming Championships	Crawley	SE160991	1
200 Butterfly	2:59.38	2:57.60	313	21/02/15	Surrey Age Group Championships	Guildford	CC150302	1
50 Backstroke	32.98	32.40	540	03/04/16	Guildford City Springboard Level 1 Open Meet	Guildford	SE160058	1
100 Backstroke	1:10.35	1:09.20	541	13/03/16	Wycombe Inaugural LC Premier Meet	Wycombe	SE160111	1
200 Backstroke	2:32.60	2:30.40	525	12/03/16	Wycombe Inaugural LC Premier Meet	Wycombe	SE160111	1
200 Individual Medley	2:37.45	2:34.90	513	28/05/16	ASA South East Region Swimming Championships	Crawley	SE160992	1
400 Individual Medley	5:50.87	5:45.80	435	21/02/15	Surrey Age Group Championships	Guildford	CC150302	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.13	28.90	541	22/11/15	Guildford City SC November L2 Open Meet	Surrey	SE151100	2
100 Freestyle	1:01.37	1:02.70	548	20/12/15	Hillingdon SC Winter Short Course Open Meet 2015	Uxbridge	LR152215	2
200 Freestyle	2:15.37	2:17.90	541	21/11/15	Guildford City SC November L2 Open Meet	Surrey	SE151100	2
400 Freestyle	5:42.90	5:47.00	306	24/11/13	Guildford County Qualifier Meet	Guildford	SE3252	3
800 Freestyle	10:16.40	10:25.70	464	26/11/15	Guildford NAGS & REG Squad Distance Meet	Guildford	SE152302	4
50 Breaststroke	37.90	38.70	419	23/04/17	Haslemere Spring Open Meet	Haslemere	SE170612	3
100 Breaststroke	1:26.15	1:27.60	379	09/07/17	Haslemere Club Championships	Haslemere	SE171409	4
200 Breaststroke	3:11.58	3:14.30	346	15/02/15	Surrey Age Group Championships	Guildford	CC150301	2
50 Butterfly	32.25	32.80	432	21/11/15	Guildford City SC November L2 Open Meet	Surrey	SE151100	2
100 Butterfly	1:15.11	1:16.10	372	05/07/15	Guildford City Summer Festival	Guildford	SE150164	3
200 Butterfly	2:59.90	3:01.70	293	16/03/14	British Gas Surrey Age Group Championships	Guildford	CC4052	2
50 Backstroke	31.97	32.60	492	20/12/15	Hillingdon SC Winter Short Course Open Meet 2015	Uxbridge	LR152215	2
100 Backstroke	1:08.57	1:09.70	512	19/12/15	Hillingdon SC Winter Short Course Open Meet 2015	Uxbridge	LR152215	2
200 Backstroke	2:27.89	2:30.10	520	20/12/15	Hillingdon SC Winter Short Course Open Meet 2015	Uxbridge	LR152215	2
200 Individual Medley	2:36.18	2:38.70	475	31/10/15	Ealing November Open Meet	Northolt	LR150789	3
400 Individual Medley	5:44.05	5:49.10	426	22/11/14	Guildford City County Qualifier Meet	Guildford	SE4829	2
100 Individual Medley	1:12.09	1:12.10	481	14/02/16	Surrey County Age Group Championships 2016	Guildford	LR160383	2