

Individual Best Times (All Time)

Anya Shah - (927391) - Epping Forest Dist SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.73	35.30	287	05/07/15	Epping Forest District SC 3 Trees Gala (Internal)	Loughton	ER151122	4
100 Freestyle	1:23.22	1:24.20	220	03/01/15	Epping Forest DSC Club Championships	Loughton	ER150471	4
200 Freestyle	2:59.77	3:01.70	231	16/11/14	Epping Forest District Club Championships	Loughton	ER4562	4
400 Freestyle	6:22.99	6:26.70	220	24/06/15	Epping Forest District 2015 Club Championships	Loughton	ER151111	4
50 Breaststroke	51.48	52.10	167	05/07/15	Epping Forest District SC 3 Trees Gala (Internal)	Loughton	ER151122	4
100 Breaststroke	1:52.93	1:54.00	168	03/01/15	Epping Forest DSC Club Championships	Loughton	ER150471	4
200 Breaststroke	4:13.70	4:15.80	149	22/09/13	Epping Forest District SC Club Championships	Loughton	ER3558	4
50 Butterfly	41.05	41.50	209	19/10/14	Epping Forest District Club Championships	Loughton	ER4562	4
100 Butterfly	1:35.96	1:36.80	178	22/10/14	Epping Forest District Club Championships	Loughton	ER4562	4
50 Backstroke	40.44	40.90	243	19/10/14	Epping Forest District Club Championships	Loughton	ER4562	4
100 Backstroke	1:30.37	1:31.30	224	22/10/14	Epping Forest District Club Championships	Loughton	ER4562	4
100 Individual Medley	1:32.99	1:33.00	224	08/10/14	Epping Forest District Club Championships	Loughton	ER4562	4