

Individual Best Times (All Time)

Sloane Carroll - (927150) - Brompton SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.68	30.00	455	20/03/16	Atlantis Regional-National Chaser Meet	Crawley	SE160056	1
100 Freestyle	1:09.42	1:08.20	413	11/05/14	Beckenham International Open Meet	London	LR4343	1
200 Freestyle	3:14.22	3:12.40	196	15/01/12	Rushmoor Royals New Year Meet	Aldershot	SE2037	3
50 Breaststroke	36.08	35.20	527	10/04/16	London Region Summer Championships	London	LR160414	1
100 Breaststroke	1:21.83	1:20.30	481	09/04/16	London Region Summer Championships	London	LR160414	1
200 Breaststroke	3:00.37	2:57.40	443	05/05/18	2018 London Swimming Regional Summer Champs	Stratford	LR180781	1
50 Butterfly	31.65	31.00	459	25/03/17	MCASA Open Meet	London	LR170009	1
100 Butterfly	1:11.93	1:10.90	458	25/03/17	MCASA Open Meet	London	LR170009	1
50 Backstroke	35.01	34.40	451	25/03/17	MCASA Open Meet	London	LR170009	1
100 Backstroke	1:29.77	1:28.90	260	14/04/13	The Bracknell Spring Level 3 Open Meet	Aldershot	SE3131	3
200 Individual Medley	2:41.91	2:39.50	472	05/11/17	2017 London Swimming Regional Winter Champs	London	LR172075	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.27	31.00	434	15/10/16	Gloucester City Autumn Level 2	Gloucester	SW160133	2
100 Freestyle	1:07.26	1:08.50	417	26/06/16	Brompton Summer Sprints Meet	London	LR161298	4
200 Freestyle	2:26.62	2:29.00	425	25/06/17	Brompton Summer Club Champs	London	LR171468	4
400 Freestyle	5:16.41	5:20.80	390	14/03/15	MCASA Spring Development Meet	Enfield	LR150434	3
800 Freestyle	11:08.22	11:16.80	364	05/10/14	Middlesex Winter Development Meet	Southbury	LR14036	3
50 Breaststroke	35.58	36.50	506	06/02/16	MCASA County Championships 2016	Barnet	LR160281	2
100 Breaststroke	1:17.31	1:18.90	524	12/12/15	National Arena League-London Div1&2 Rounds123	Dagenham	ER152120	3
200 Breaststroke	2:48.91	2:52.00	505	08/11/15	ASA London Region Winter Short Course Championship	London	LR150872	2
50 Butterfly	31.52	32.10	462	16/12/17	Hillingdon Winter Short Course Open Meet 2017	Hillingdon	LR172525	3
100 Butterfly	1:10.50	1:11.60	450	26/11/17	Brompton Winter Club Champs 2017	London	LR172447	4
200 Butterfly	2:40.64	2:42.60	412	24/01/16	MCASA County Championships 2016	Barnet	LR160279	2
50 Backstroke	35.32	35.90	365	18/12/16	Hillingdon Winter Short Course Open Meet	Uxbridge	LR161927	3
100 Backstroke	1:13.31	1:14.40	419	15/10/16	Gloucester City Autumn Level 2	Gloucester	SW160133	2
200 Backstroke	2:47.10	2:49.10	360	23/11/14	Brompton Winter Club Championships	Fulham	LR14643	4
200 Individual Medley	2:35.57	2:38.10	480	11/10/15	Hillingdon Autumn Short Course Meet 2015	Hillingdon	LR151546	3
100 Individual Medley	1:13.51	1:13.50	454	30/01/16	MCASA County Championships 2016	Barnet	LR160280	2