

Individual Best Times (All Time)

Jake Smoker - (926947) - Hamble Aquatics Swim Team

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.46	28.70	357	15/12/18	Portsmouth Northsea Christmas Meet 2018	Mountbatten SC	SE182213	3
100 Freestyle	1:05.00	1:03.70	374	16/12/18	Portsmouth Northsea Christmas Meet 2018	Mountbatten SC	SE182213	3
200 Freestyle	2:35.35	2:33.10	283	19/03/17	Atlantis Regional-National Chaser Open Meet	Crawley	SE170018	1
400 Freestyle	5:58.92	5:55.00	230	18/07/15	Portsmouth Northsea End of Season Meet	Portsmouth	SE150139	3
1500 Freestyle	23:31.80	23:17.10	234	10/01/15	Portsmouth Northsea January L1 Meet	Portsmouth	SE150137	1
50 Breaststroke	47.50	46.80	163	08/05/16	Portsmouth Northsea LC Sprint Meet 2016	Portsmouth	SE160454	3
100 Breaststroke	1:28.23	1:26.80	267	17/12/17	Portsmouth Northsea Christmas Meet	Portsmouth	SE172168	3
200 Breaststroke	3:18.19	3:15.50	253	19/03/17	Atlantis Regional-National Chaser Open Meet	Crawley	SE170018	1
50 Butterfly	31.95	31.40	338	16/12/18	Portsmouth Northsea Christmas Meet 2018	Mountbatten SC	SE182213	3
50 Backstroke	35.44	34.90	293	16/12/18	Portsmouth Northsea Christmas Meet 2018	Mountbatten SC	SE182213	3
100 Backstroke	1:14.98	1:13.90	325	15/12/18	Portsmouth Northsea Christmas Meet 2018	Mountbatten SC	SE182213	3
200 Backstroke	2:36.89	2:34.70	363	16/12/18	Portsmouth Northsea Christmas Meet 2018	Mountbatten SC	SE182213	3
200 Individual Medley	2:45.83	2:43.40	324	16/12/17	Portsmouth Northsea Christmas Meet	Portsmouth	SE172168	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.73	29.40	345	12/10/19	Hamble Aquatics Club Championships 2019	Waterlooville	SE193106	4
100 Freestyle	1:03.67	1:05.00	349	12/10/19	Hamble Aquatics Club Championships 2019	Waterlooville	SE193106	4
200 Freestyle	2:21.20	2:23.60	348	07/04/18	Swim Bournemouth Spring Short Course L2 Meet	Bournemouth	SW180120	2
400 Freestyle	5:10.50	5:15.00	319	13/10/17	Hamble Aquatics Club Championships 2017	Waterlooville	SE172282	4
1500 Freestyle	20:11.31	20:28.20	341	14/12/17	Fareham Nomads Winter Distance Meet 2017	Holly Hill LC	SE172449	4
50 Breaststroke	38.32	39.10	276	08/04/18	Swim Bournemouth Spring Short Course L2 Meet	Bournemouth	SW180120	2
100 Breaststroke	1:22.34	1:23.90	302	07/04/18	Swim Bournemouth Spring Short Course L2 Meet	Bournemouth	SW180120	2
200 Breaststroke	2:58.61	3:01.50	304	08/04/18	Swim Bournemouth Spring Short Course L2 Meet	Bournemouth	SW180120	2
50 Butterfly	33.08	33.60	284	20/10/18	Hamble Aquatics SC Club Championships 2018	Waterlooville	SE182349	4
50 Backstroke	33.46	34.10	288	24/11/18	Bracknell & Wokingham County Qualifier & Relay	Bracknell	SE181888	3
100 Backstroke	1:12.27	1:13.40	299	24/11/18	Bracknell & Wokingham County Qualifier & Relay	Bracknell	SE181888	3
200 Backstroke	2:41.88	2:43.90	277	26/11/17	Swim Bournemouth Short Course L2 Meet	Bournemouth	SW170246	2
200 Individual Medley	2:36.39	2:38.90	344	06/10/18	RR Winter National & Regional Qualifier L2 Meet	Aldershot	SE181934	2
400 Individual Medley	6:26.92	6:31.40	223	21/10/16	Hamble Aquatics Club Championships	Waterlooville	SE162280	4
100 Individual Medley	1:13.61	1:13.60	300	24/11/18	Bracknell & Wokingham County Qualifier & Relay	Bracknell	SE181888	3