

Individual Best Times (All Time)

Rowan Ball - (926841) - Haslemere Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	44.15	43.70	152	12/01/13	Rushmoor Royals 7th New Year Open Meet	Aldershot	SE3070	3
100 Freestyle	1:40.95	1:40.10	134	12/01/13	Rushmoor Royals 7th New Year Open Meet	Aldershot	SE3070	3
50 Breaststroke	1:03.19	1:02.70	98	13/01/13	Rushmoor Royals 7th New Year Open Meet	Aldershot	SE3070	3
100 Breaststroke	2:09.46	2:08.50	121	12/01/13	Rushmoor Royals 7th New Year Open Meet	Aldershot	SE3070	3
50 Butterfly	57.33	57.00	77	13/01/13	Rushmoor Royals 7th New Year Open Meet	Aldershot	SE3070	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.69	35.30	288	26/04/15	Haslemere B Grade	Haslemere	SE150697	3
100 Freestyle	1:19.25	1:20.30	254	14/12/14	Haslemere Celebration Meet	Haslemere	SE14723	4
200 Freestyle	2:47.05	2:49.10	287	26/04/15	Haslemere B Grade	Haslemere	SE150697	3
400 Freestyle	5:58.57	6:02.50	268	14/12/14	Haslemere Celebration Meet	Haslemere	SE14723	4
800 Freestyle	13:20.01	13:27.20	212	08/10/13	Haslemere SC Club Championships	Surrey	SE3191	4
50 Breaststroke	49.92	50.50	183	26/04/15	Haslemere B Grade	Haslemere	SE150697	3
100 Breaststroke	1:46.96	1:48.10	198	28/06/14	Haslemere SC Club Championships 2014	Haslemere	SE4625	4
200 Breaststroke	3:40.29	3:42.70	227	14/12/14	Haslemere Celebration Meet	Haslemere	SE14723	4
50 Butterfly	40.62	41.10	216	14/12/14	Haslemere Celebration Meet	Haslemere	SE14723	4
100 Butterfly	1:42.65	1:43.40	145	14/12/14	Haslemere Celebration Meet	Haslemere	SE14723	4
200 Butterfly	3:28.37	3:29.90	189	28/06/14	Haslemere SC Club Championships 2014	Haslemere	SE4625	4
50 Backstroke	44.55	45.00	182	28/06/14	Haslemere SC Club Championships 2014	Haslemere	SE4625	4
100 Backstroke	1:45.23	1:46.00	141	06/10/13	Haslemere SC Club Championships	Surrey	SE3191	4
200 Backstroke	3:19.15	3:20.80	213	28/06/14	Haslemere SC Club Championships 2014	Haslemere	SE4625	4
200 Individual Medley	3:14.84	3:16.90	244	14/12/14	Haslemere Celebration Meet	Haslemere	SE14723	4
400 Individual Medley	6:39.91	6:44.30	271	08/06/14	Haslemere Club Championships	Haslemere	SE4623	4
100 Individual Medley	1:28.63	1:28.60	259	26/04/15	Haslemere B Grade	Haslemere	SE150697	3