

# Individual Best Times (All Time)

## Isobel Mcinnes - (926735) - Wantage White Horses

### Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
400 Freestyle	4:52.63	4:47.80	520	26/03/17	Aquae Sulis Grand Prix	Bristol	SW170461	1
50 Breaststroke	37.02	36.20	488	19/02/22	Speedo & BUCS Long Course Swimming Championships	Sheffield	NE220242	1
100 Breaststroke	1:21.66	1:20.10	484	29/04/17	ASA South East Region Championships 2017	Wycombe	SE170865	1
200 Breaststroke	2:55.68	2:52.60	479	25/03/17	Aquae Sulis Grand Prix	Bristol	SW170461	1
50 Butterfly	32.42	31.80	427	17/02/18	Team Bath Grand Prix	Bristol	SW180282	1
100 Butterfly	1:10.76	1:09.70	481	06/04/19	City of Bristol International Open Meet	Hengrove Park	SW191151	1
200 Butterfly	2:35.72	2:33.70	478	04/05/19	Swim England 15 Over Swimming Championships 2019	Wycombe	SE191364	1
50 Backstroke	33.62	33.00	509	29/04/17	ASA South East Region Championships 2017	Wycombe	SE170865	1
100 Backstroke	1:12.08	1:11.00	503	15/03/20	2020 Wycombe Long Course Premier Meet	Wycombe	SE200376	1
200 Backstroke	2:33.30	2:31.10	518	23/03/19	Wycombe Swimming's 4th LC Premier Meet	Wycombe	SE190056	1
200 Individual Medley	2:32.46	2:29.90	566	06/04/19	City of Bristol International Open Meet	Hengrove Park	SW191151	1
400 Individual Medley	5:20.30	5:14.80	571	09/07/17	City of Bristol Summer Festival	Bristol	SW171112	3

### Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.80	30.50	455	26/11/16	City of Oxford L3 November Meet	Oxford	SE161774	3
100 Freestyle	1:04.26	1:05.50	478	05/02/17	Oxfordshire & North Bucks County Championships	Aylesbury	SE170305	2
200 Freestyle	2:17.04	2:19.60	521	11/02/17	Oxfordshire & North Bucks County Championships	Aylesbury	SE170306	2
400 Freestyle	4:45.33	4:50.20	532	15/01/17	Oxfordshire & North Bucks County Championships	Aylesbury	SE170304	2
800 Freestyle	9:44.15	9:54.00	545	18/01/20	Oxfordshire & North Bucks County Championships	Oxford	SE200063	2
50 Breaststroke	36.10	37.00	485	30/11/19	Maxwell Last Chance County Qualifier	Aylesbury	SE193135	3
100 Breaststroke	1:16.79	1:18.40	535	09/02/19	Oxfordshire & North Bucks County Championships	Aylesbury	SE190116	2
200 Breaststroke	2:47.92	2:51.00	514	13/04/19	Gloucester City Spring Level 2 & 3 Open Meet	Gloucester	SW190280	2
50 Butterfly	31.18	31.80	478	09/02/19	Oxfordshire & North Bucks County Championships	Aylesbury	SE190116	2
100 Butterfly	1:08.60	1:09.70	489	15/02/20	Oxfordshire & North Bucks County Championships	Aylesbury	SE200067	2
200 Butterfly	2:26.62	2:28.80	542	17/02/19	Oxfordshire & North Bucks County Championships	Aylesbury	SE190116	2
50 Backstroke	32.12	32.70	485	10/02/19	Oxfordshire & North Bucks County Championships	Aylesbury	SE190116	2
100 Backstroke	1:09.02	1:10.20	502	17/02/19	Oxfordshire & North Bucks County Championships	Aylesbury	SE190116	2
200 Backstroke	2:24.93	2:27.20	552	10/02/19	Oxfordshire & North Bucks County Championships	Aylesbury	SE190116	2
200 Individual Medley	2:25.73	2:28.40	584	08/02/20	Oxfordshire & North Bucks County Championships	Aylesbury	SE200066	2
400 Individual Medley	5:09.03	5:14.70	588	26/01/20	Oxfordshire & North Bucks County Championships	Aylesbury	SE200065	2
100 Individual Medley	1:10.88	1:10.90	506	10/09/18	Wantage White Horses Joint 100m & 50m Club Champs	Wantage	SE182157	4