

Individual Best Times (All Time)

Samuel Bennett - (926632) - Warrender Baths Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.13	28.40	369	22/01/16	East District Age Group Championships	Edinburgh	SCO1071	1
50 Breaststroke	42.04	41.30	235	22/01/16	East District Age Group Championships	Edinburgh	SCO1071	1
100 Backstroke	1:16.94	1:15.90	301	14/01/15	SASA East District Age Group Championships	Edinburgh	SCO927	1
200 Individual Medley	2:47.80	2:45.40	313	14/01/15	SASA East District Age Group Championships	Edinburgh	SCO927	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.50	29.20	353	10/10/15	WBC Club Championships 2015 Weekend	Glenrothes	SCO1033	2
100 Freestyle	1:04.84	1:06.10	330	16/05/15	Swim West Lothian IM Tough 2015	West Lothian	SCO990	2
200 Freestyle	2:25.10	2:27.50	321	31/01/15	Mags 2015	Grangemouth	SCO944	2
400 Freestyle	5:14.11	5:18.60	308	24/05/14	Fife Performance 124 Meet	Dunfermline	SCO846	2
1500 Freestyle	20:18.97	20:35.80	335	21/06/14	East Lothian Distance Meet	Mercat Gait	SCO865	2
50 Breaststroke	40.89	41.70	227	16/05/15	Swim West Lothian IM Tough 2015	West Lothian	SCO990	2
100 Breaststroke	1:27.30	1:28.70	253	16/01/16	Carnegie Open Spring Age Group Meet	Glenrothes	SCO1115	2
200 Breaststroke	3:12.97	3:15.70	241	20/06/15	Aquanuts 14th Graded	Livingston	SCO100	2
50 Butterfly	32.10	32.70	311	11/10/15	WBC Club Championships 2015 Weekend	Glenrothes	SCO1033	2
100 Butterfly	1:14.85	1:15.90	260	16/01/16	Carnegie Open Spring Age Group Meet	Glenrothes	SCO1115	2
200 Butterfly	3:03.30	3:05.00	198	20/09/15	WBC Club Championships 2015 Weekend	Glenrothes	SCO1033	2
50 Backstroke	33.95	34.50	276	16/05/15	Swim West Lothian IM Tough 2015	West Lothian	SCO990	2
100 Backstroke	1:16.45	1:17.50	252	11/10/15	WBC Club Championships 2015 Weekend	Glenrothes	SCO1033	2
200 Backstroke	2:47.16	2:49.10	252	20/09/15	WBC Club Championships 2015 Weekend	Glenrothes	SCO1033	2
200 Individual Medley	2:41.67	2:44.10	311	16/01/16	Carnegie Open Spring Age Group Meet	Glenrothes	SCO1115	2
400 Individual Medley	6:00.46	6:05.30	276	11/10/15	WBC Club Championships 2015 Weekend	Glenrothes	SCO1033	2
100 Individual Medley	1:16.34	1:16.30	269	20/09/15	WBC Club Championships 2015 Weekend	Glenrothes	SCO1033	2