## **Individual Best Times (All Time)**

Brandon Bryan-Waugh - (925706) - London Borough of Redbridge SC

## Long Course

| Stroke                | LC Time | Converted to SC | LC WA<br>Pts | Date     | Meet                                    | Venue              | Licence  | Level |
|-----------------------|---------|-----------------|--------------|----------|---|--------------------|----------|-------|
| 50 Freestyle          | 27.07   | 26.30           | 460          | 13/05/17 | 2017 London Swimming Regional AG Champs | Stratford          | LR170801 | 1     |
| 100 Freestyle         | 1:03.44 | 1:02.10         | 403          | 13/05/17 | 2017 London Swimming Regional AG Champs | Stratford          | LR170801 | 1     |
| 200 Freestyle         | 2:58.94 | 2:57.00         | 185          | 20/07/14 | Basildon & Phoenix End of Season Meet   | Basildon           | ER4489   | 3     |
| 50 Breaststroke       | 35.86   | 35.00           | 378          | 04/02/17 | Essex Age Group Championships           | London             | ER170023 | 1     |
| 100 Breaststroke      | 1:21.44 | 1:19.90         | 340          | 18/02/17 | Essex Age Group Championships 2017      | Basildon           | ER170025 | 1     |
| 200 Breaststroke      | 3:09.80 | 3:07.00         | 288          | 10/05/15 | London Region Summer Championships      | London             | LR150562 | 1     |
| 50 Butterfly          | 28.31   | 27.60           | 486          | 04/02/17 | Essex Age Group Championships 2017      | Basildon           | ER170025 | 1     |
| 100 Butterfly         | 1:05.52 | 1:04.40         | 429          | 21/01/18 | Essex Age Group Championships 2018      | Basildon           | ER180154 | 1     |
| 50 Backstroke         | 31.70   | 31.10           | 410          | 04/02/17 | Essex Age Group Championships           | London             | ER170023 | 1     |
| 100 Backstroke        | 1:12.91 | 1:11.80         | 354          | 22/01/17 | Essex Age Group Championships           | London             | ER170023 | 1     |
| 200 Backstroke        | 2:45.55 | 2:43.50         | 308          | 24/01/16 | Essex Age Group Championships 2016      | Basildon           | ER160002 | 1     |
| 200 Individual Medley | 2:40.02 | 2:37.50         | 361          | 25/11/17 | Romford Town Early County Qualifier     | London<br>Aquatics | LR171748 | 3     |

## **Short Course**

| Stroke                | SC Time | Converted to LC | SC WA<br>Pts | Date     | Meet                                      | Venue          | License  | Level |
|-----------------------|---------|-----------------|--------------|----------|---|----------------|----------|-------|
| 50 Freestyle          | 26.71   | 27.50           | 429          | 17/12/16 | LBRSC Last Chance Qualifying Meet         | Fullwell Cross | LR161365 | 3     |
| 100 Freestyle         | 1:00.95 | 1:02.30         | 398          | 17/12/16 | LBRSC Last Chance Qualifying Meet         | Fullwell Cross | LR161365 | 3     |
| 200 Freestyle         | 2:27.99 | 2:30.30         | 302          | 31/10/15 | Enfield Swim Squad County Qualifier       | Enfield        | LR150549 | 3     |
| 400 Freestyle         | 5:23.12 | 5:27.40         | 283          | 01/10/16 | LBRS Early Chance October Meet            | llford         | LR160961 | 3     |
| 50 Breaststroke       | 34.78   | 35.70           | 369          | 05/03/16 | Enfield Swim Squad Regional Qualifier     | Enfield        | LR160367 | 3     |
| 100 Breaststroke      | 1:18.08 | 1:19.70         | 354          | 17/12/16 | LBRSC Last Chance Qualifying Meet         | Fullwell Cross | LR161365 | 3     |
| 200 Breaststroke      | 3:12.58 | 3:15.30         | 242          | 28/02/15 | Enfield Swim Squad Regional Qualifier     | Enfield        | LR150407 | 3     |
| 50 Butterfly          | 28.80   | 29.40           | 430          | 08/07/16 | Borough Championships & Invitational Meet | London         | LR161299 | 4     |
| 100 Butterfly         | 1:06.55 | 1:07.70         | 370          | 18/12/16 | LBRSC Last Chance Qualifying Meet         | Fullwell Cross | LR161365 | 3     |
| 200 Butterfly         | 3:23.19 | 3:24.70         | 145          | 15/02/15 | Essex County Age Group Championships 2015 | Basildon       | CC150045 | 2     |
| 50 Backstroke         | 30.85   | 31.50           | 368          | 17/12/16 | LBRSC Last Chance Qualifying Meet         | Fullwell Cross | LR161365 | 3     |
| 100 Backstroke        | 1:09.87 | 1:11.00         | 330          | 18/12/16 | LBRSC Last Chance Qualifying Meet         | Fullwell Cross | LR161365 | 3     |
| 200 Backstroke        | 2:37.92 | 2:40.00         | 299          | 02/10/16 | LBRS Early Chance October Meet            | llford         | LR160961 | 3     |
| 200 Individual Medley | 2:42.23 | 2:44.60         | 308          | 25/06/16 | Bexley Short Course Open Meet             | Bexleyheath    | LR160176 | 2     |
| 400 Individual Medley | 6:13.67 | 6:18.40         | 248          | 03/10/15 | LBRSC Early County & Regional Qualifier   | Fullwell Cross | LR150599 | 3     |
| 100 Individual Medley | 1:11.00 | 1:11.00         | 334          | 18/06/16 | Enfield Swim Squad Summer Open Meet       | Enfield        | LR161036 | 3     |

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