

Individual Best Times (All Time)

Jack Jones - (925553) - Stourbridge SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.33	26.60	447	01/05/17	West Midland Championships	Coventry	WM170518	1
100 Freestyle	59.03	57.60	500	29/05/17	The Plymouth Leander 2017	Plymouth	SW170070	1
200 Freestyle	2:08.01	2:05.30	505	13/05/17	Manchester Open Meet 2017	Manchester	NW170107	1
400 Freestyle	4:28.62	4:23.40	549	28/05/17	The Plymouth Leander 2017	Plymouth	SW170070	1
1500 Freestyle	17:36.04	17:16.30	561	01/05/17	West Midland Championships	Coventry	WM170518	1
100 Breaststroke	1:20.51	1:18.90	352	16/04/17	UEA City of Norwich Easter LC Meet	Norwich	ER170310	1
200 Breaststroke	2:57.66	2:54.70	352	21/05/16	West Midlands ASA Championships	Coventry	WM160482	1
50 Butterfly	29.95	29.30	411	15/04/17	UEA City of Norwich Easter LC Meet	Norwich	ER170310	1
100 Butterfly	1:08.77	1:07.70	371	29/05/17	The Plymouth Leander 2017	Plymouth	SW170070	1
200 Butterfly	2:33.96	2:31.90	368	07/05/17	West Midlands Championships	Coventry	WM170519	1
100 Backstroke	1:11.51	1:10.40	375	08/01/17	UBSC New Year L1 Open Meet	Bristol	SW170243	1
200 Backstroke	2:27.84	2:25.60	433	29/04/17	West Midland Championships	Coventry	WM170518	1
200 Individual Medley	2:26.89	2:24.20	467	14/05/17	Manchester Open Meet 2017	Manchester	NW170107	1
400 Individual Medley	5:11.92	5:06.20	469	07/05/17	West Midlands Championships	Coventry	WM170519	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.50	28.20	393	18/12/16	Hillingdon Winter Short Course Open Meet	Uxbridge	LR161927	3
100 Freestyle	58.36	59.80	453	17/12/16	Hillingdon Winter Short Course Open Meet	Uxbridge	LR161927	3
200 Freestyle	2:07.00	2:09.70	479	21/11/16	The Leicester Open	Braunstone	EM161964	2
400 Freestyle	4:31.78	4:36.90	476	18/12/16	Hillingdon Winter Short Course Open Meet	Uxbridge	LR161927	3
1500 Freestyle	18:16.58	18:35.20	460	22/01/17	Worcester County Age Group Championships	Wolverhampton	WM170168	2
50 Breaststroke	38.91	39.70	263	03/10/15	Derventio Excel 5th Short Course Open Meet	Matlock	EM151410	2
100 Breaststroke	1:21.68	1:23.20	309	20/11/16	The Leicester Open	Braunstone	EM161964	2
200 Breaststroke	2:48.10	2:51.20	365	28/01/17	Worcester County Age Group Championships	Wolverhampton	WM170047	2
50 Butterfly	30.72	31.30	354	16/07/16	Wolverhampton Level 3 Sprint Meet	Wolverhampton	WM160766	3
100 Butterfly	1:08.65	1:09.70	337	17/07/16	Wolverhampton Level 3 Sprint Meet	Wolverhampton	WM160766	3
200 Butterfly	2:36.15	2:38.20	320	04/02/17	Worcester County Age Group Championships	Wolverhampton	WM170048	2
50 Backstroke	34.43	35.00	264	19/09/15	Stourbridge Club Championships	Wolverhampton	WM150577	4
100 Backstroke	1:11.51	1:12.60	308	21/11/16	The Leicester Open	Braunstone	EM161964	2
200 Backstroke	2:25.85	2:28.10	379	20/11/16	The Leicester Open	Braunstone	EM161964	2
200 Individual Medley	2:26.65	2:29.30	417	19/11/16	The Leicester Open	Braunstone	EM161964	2
400 Individual Medley	5:09.30	5:14.90	437	05/02/17	Worcester County Age Group Championships	Wolverhampton	WM170048	2
100 Individual Medley	1:13.78	1:13.80	297	28/11/15	Stourbridge Club Championships	Wolverhampton	WM150581	4