

Individual Best Times (All Time)

Daniel English - (925064) - The University Of Birmingham

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.09	26.30	459	30/06/18	Bishops Stortford Long Course Open Meet	Luton	ER180172	3
100 Freestyle	58.56	57.10	512	30/07/18	Swim Wales Summer Nationals	Swansea	WL180091	1
200 Freestyle	2:00.23	1:57.30	610	30/04/22	West Midlands Region 2022 Regional Championships	Coventry	WM220504	1
400 Freestyle	4:12.71	4:07.10	660	26/02/23	BUCS Long Course Swimming Championships 2023	Sheffield	NE230349	1
800 Freestyle	8:42.68	8:31.50	647	25/02/23	BUCS Long Course Swimming Championships 2023	Sheffield	NE230349	1
1500 Freestyle	16:22.39	16:01.20	696	22/07/22	British Summer Championships	Sheffield	BSW022	1
50 Butterfly	27.54	26.80	528	20/02/22	Speedo & BUCS Long Course Swimming Championships	Sheffield	NE220242	1
100 Butterfly	1:01.38	1:00.10	522	12/03/22	Putteridge SC Spring LC National Qualifier 2022	Luton	ER220161	1
200 Butterfly	2:41.85	2:39.90	316	15/05/16	Team Luton May Long Course Meet	Luton	ER160180	1
50 Backstroke	31.66	31.00	411	16/03/19	Harpenden Frantic Fifties 2019	Inspire - Luton	ER191297	3
200 Individual Medley	2:23.18	2:20.40	504	29/07/19	Swim Wales Summer Nationals	Swansea	WL190050	1
400 Individual Medley	5:05.04	4:59.20	502	21/04/19	Team Luton April Open Meet	Luton	ER190182	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.00	25.80	524	04/09/22	Hitchin SC Club Championships 2022	Hitchin	ER220988	4
100 Freestyle	53.00	54.50	605	14/10/23	National Arena Swimming League - London 2023	Aqua Vale S&FC	ER231476	3
200 Freestyle	1:54.85	1:57.80	647	02/07/22	Putteridge End of Season Summer Short Course Open	Luton	ER220680	3
400 Freestyle	4:02.25	4:08.00	672	19/06/22	Hitchin SC Club Championships 2022	Hitchin	ER220987	4
800 Freestyle	8:17.04	8:28.50	710	19/11/22	BUCS Short Course 2022-23	Sheffield	NE222500	2
1500 Freestyle	15:53.79	16:15.10	700	03/12/22	National Winter Championships 2022	Sheffield	ENG027	2
50 Breaststroke	32.11	33.10	469	20/10/19	Cheshunt Club Championships 400 200 50m Dash	Laura Trott LC	ER192648	4
100 Breaststroke	1:10.27	1:12.00	486	14/12/19	NASL London Round 3	Barnet	ER192876	3
200 Breaststroke	2:33.91	2:37.30	475	29/09/19	Team Luton September Open Meet	Luton	ER190369	3
50 Butterfly	27.00	27.70	522	19/06/21	The University of Birmingham	Sport and Fitness Ce	LEX2739	0
100 Butterfly	59.75	1:01.00	511	04/12/21	Chesterfield SC Winter Open Championships 2021	Matlock	EM211450	3
200 Butterfly	2:15.55	2:17.90	489	07/11/21	Swim England West Midlands Regional	Coventry	WM211169	2
50 Backstroke	30.13	30.80	395	24/11/19	Hitchin Open 2019	Borehamwood	ER191545	3
100 Backstroke	1:03.81	1:05.10	434	13/07/19	Team Luton Fast and Furious 5	Luton	ER190201	3
200 Backstroke	2:16.43	2:18.80	464	24/11/19	Hitchin Open 2019	Borehamwood	ER191545	3
200 Individual Medley	2:07.58	2:10.60	634	14/10/23	National Arena Swimming League - London 2023	Aqua Vale S&FC	ER231476	3
400 Individual Medley	4:48.77	4:54.80	537	03/11/19	Swim England East Region Short Course Champs 2019	Basildon	ER192086	2
100 Individual Medley	59.25	59.30	575	04/09/22	Hitchin SC Club Championships 2022	Hitchin	ER220988	4