

Individual Best Times (All Time)

James Giles - (925033) - Wey Valley SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.34	32.00	266	07/07/18	Wey Valley Summer Sprints 2018	Spectrum LC	SE181538	4
100 Freestyle	1:10.44	1:11.60	257	24/11/18	Wey Valley Club Championships 2018	Guildford Spectrum	SE182723	4
200 Freestyle	2:34.04	2:36.30	268	24/11/19	Wey Valley Club Champs 2019	Godalming LC	SE193118	4
50 Breaststroke	43.70	44.40	186	07/07/18	Wey Valley Summer Sprints 2018	Spectrum LC	SE181538	4
100 Breaststroke	1:35.89	1:37.20	191	07/12/19	Wey Valley Club Champs 2019	Spectrum LC	SE193119	4
200 Breaststroke	3:21.03	3:23.60	213	17/11/19	Wey Valley Club Champs 2019	Godalming LC	SE193117	4
50 Butterfly	43.79	44.20	122	01/07/17	Wey Valley Summer Sprints 2017	Guildford	SE171289	4
50 Backstroke	40.35	40.80	164	07/07/18	Wey Valley Summer Sprints 2018	Spectrum LC	SE181538	4
100 Backstroke	1:23.99	1:24.90	190	24/11/18	Wey Valley Club Championships 2018	Guildford Spectrum	SE182723	4
200 Backstroke	3:31.99	3:33.60	123	15/11/15	Wey Valley Club Championships	Godalming	SE152311	4
100 Individual Medley	1:22.60	1:22.60	212	18/11/18	Wey Valley Club Championships 2018	Godalming	SE182722	4