

Individual Best Times (All Time)

Lauren Thomson - (924880) - Peterhead ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.98	30.30	442	01/06/14	North District SASA Grand Prix	Aberdeen	SCO851	1
50 Breaststroke	40.95	40.20	361	31/05/14	North District SASA Grand Prix	Aberdeen	SCO851	1
100 Breaststroke	1:25.17	1:23.70	426	31/01/15	Brodies Scottish Schools Championships	Aberdeen	SCO938	1
100 Butterfly	1:28.53	1:27.70	246	17/05/14	Dyce Hunting Trophy Meet	Aberdeen	SCO841	2
50 Backstroke	35.68	35.10	426	17/05/14	Dyce Hunting Trophy Meet	Aberdeen	SCO841	2
100 Backstroke	1:20.15	1:19.10	365	31/05/14	North District SASA Grand Prix	Aberdeen	SCO851	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.40	30.10	474	04/10/14	SASA North District Open Meet	Inverness	SCO881	1
100 Freestyle	1:08.85	1:10.10	388	08/02/14	Peterhead ASC Graded Meet	Peterhead	SCO806	2
200 Freestyle	2:32.26	2:34.50	380	22/09/13	Garioch 200 Open Meet	Westhill	SCO760	2
50 Breaststroke	36.93	37.80	453	15/11/14	COAST Grand Prix	Aberdeen	SCO907	1
100 Breaststroke	1:21.40	1:22.90	449	16/11/14	COAST Grand Prix	Aberdeen	SCO907	1
200 Breaststroke	3:05.26	3:08.10	383	22/11/14	Upper Deeside Challenge	Aboyne	SCO909	2
50 Butterfly	31.11	31.70	481	05/10/14	SASA North District Open Meet	Inverness	SCO881	1
100 Butterfly	1:11.98	1:13.00	423	07/02/15	PASC Graded Age Group Meet 2015	Peterhead	SCO935	2
50 Backstroke	32.83	33.40	454	04/10/14	SASA North District Open Meet	Inverness	SCO881	1
100 Backstroke	1:12.59	1:13.70	432	15/11/14	COAST Grand Prix	Aberdeen	SCO907	1
200 Backstroke	2:43.19	2:45.20	387	23/11/13	Upper Deeside Challenge 2013	Deeside	SCO783	2
100 Individual Medley	1:39.50	1:39.50	183	26/05/12	NEASCA Age Group Champs & Time Trials	Peterhead	SCO623	2