

Individual Best Times (All Time)

Thomas Proudfoot - (924392) - Leatherhead SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.75	34.10	217	19/10/13	Wycombe October BC LC Open Meet	Wycombe	SE3399	3
100 Freestyle	1:18.66	1:17.60	211	20/10/13	Wycombe October BC LC Open Meet	Wycombe	SE3399	3
50 Breaststroke	49.43	48.80	144	19/10/13	Wycombe October BC LC Open Meet	Wycombe	SE3399	3
100 Breaststroke	2:04.43	2:03.40	95	21/10/12	Wycombe District SC Annual BC Meet	Wycombe	SE2513	3
50 Backstroke	42.95	42.50	164	20/10/13	Wycombe October BC LC Open Meet	Wycombe	SE3399	3
100 Backstroke	1:45.75	1:45.00	116	20/10/12	Wycombe District SC Annual BC Meet	Wycombe	SE2513	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.64	31.30	284	15/03/15	Maxwell Swim Club March L3 Meet	Aylesbury	SE150572	3
100 Freestyle	1:08.31	1:09.50	282	14/03/15	Maxwell Swim Club March L3 Meet	Aylesbury	SE150572	3
200 Freestyle	2:33.78	2:36.00	269	17/01/15	Epsom District Short Course Winter Open Meet	Epsom	SE150250	3
400 Freestyle	5:49.35	5:53.40	224	11/12/13	Leatherhead Christmas Club Championships	Ashtead	SE3370	4
50 Breaststroke	43.67	44.40	186	10/05/15	Woking 6th Octopus B C Meet	Woking	SE150695	3
100 Breaststroke	1:35.50	1:36.80	193	16/05/15	Leatherhead SC Development Meet 2015	Dorking	SE150828	4
50 Butterfly	36.02	36.50	220	14/03/15	Maxwell Swim Club March L3 Meet	Aylesbury	SE150572	3
50 Backstroke	37.33	37.90	207	21/12/14	Leatherhead Club Championships	Leatherhead	SE14695	3
100 Backstroke	1:22.31	1:23.30	202	17/01/15	Epsom District Short Course Winter Open Meet	Epsom	SE150250	3
200 Individual Medley	2:56.63	2:58.90	239	15/03/15	Maxwell Swim Club March L3 Meet	Aylesbury	SE150572	3
100 Individual Medley	1:19.94	1:19.90	234	18/01/15	Epsom District Short Course Winter Open Meet	Epsom	SE150250	3