

Individual Best Times (All Time)

Kate Cresswell - (924386) - Hemel Hempstead SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	37.33	36.80	252	23/04/16	WDSC Long Course Sprint Meet	Wycombe	SE160110	3
100 Freestyle	1:25.33	1:24.30	222	23/04/16	WDSC Long Course Sprint Meet	Wycombe	SE160110	3
50 Breaststroke	50.33	49.70	194	23/04/16	WDSC Long Course Sprint Meet	Wycombe	SE160110	3
100 Breaststroke	1:47.02	1:45.80	215	23/04/16	WDSC Long Course Sprint Meet	Wycombe	SE160110	3
50 Backstroke	46.31	45.90	195	23/04/16	WDSC Long Course Sprint Meet	Wycombe	SE160110	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.80	32.50	374	20/06/18	HHSC Club Championships	Hemel Hempstead	ER180674	4
100 Freestyle	1:13.48	1:14.60	319	20/06/18	HHSC Club Championships	Hemel Hempstead	ER180674	4
200 Freestyle	2:51.68	2:53.70	265	02/07/17	Hemel Hempstead Club Championships	Hemel Hempstead	ER171345	4
400 Freestyle	6:07.03	6:10.80	250	20/06/17	Hemel Hempstead Club Championships	Hemel Hempstead	ER171342	4
800 Freestyle	12:40.68	12:48.30	247	24/06/17	Hemel Hempstead Club Championships	Hemel Hempstead	ER171346	4
50 Breaststroke	44.04	44.80	267	20/05/17	Hemel Hempstead Spring Development Meet	Hemel Hempstead	ER170858	3
100 Breaststroke	1:36.19	1:37.50	272	21/05/17	Hemel Hempstead Spring Development Meet	Hemel Hempstead	ER170858	3
200 Breaststroke	3:24.19	3:26.80	286	20/05/18	HHSC Spring Development Meet	SportSpace	ER180666	3
50 Butterfly	35.15	35.70	333	22/06/18	HHSC Club Championships	Hemel Hempstead	ER180676	4
100 Butterfly	1:31.59	1:32.40	205	19/05/18	HHSC Spring Development Meet	SportSpace	ER180666	3
50 Backstroke	40.69	41.20	238	20/05/18	HHSC Spring Development Meet	SportSpace	ER180666	3
100 Backstroke	1:29.95	1:30.80	227	02/07/17	Hemel Hempstead Club Championships	Hemel Hempstead	ER171345	4
200 Individual Medley	2:58.91	3:01.10	315	06/10/18	HHSC Birthday Open	Hemel Hempstead	ER180671	3
400 Individual Medley	7:06.12	7:10.20	224	22/06/17	Hemel Hempstead Club Championships	Hemel Hempstead	ER171344	4
100 Individual Medley	1:21.34	1:21.30	335	20/05/18	HHSC Spring Development Meet	SportSpace	ER180666	3