

Individual Best Times (All Time)

Ellie Chalk - (924301) - Salisbury Stingrays SC

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|-----------------------|---------|-----------------|-----------|----------|--|------------|----------|-------|
| 50 Freestyle | 26.97 | 26.20 | 670 | 04/05/19 | ASA SWR Summer Championships | Plymouth | SW190488 | 1 |
| 100 Freestyle | 1:01.14 | 59.80 | 604 | 25/05/19 | Plymouth Leander National Qualifier L1 LC Open | Plymouth | SW191273 | 1 |
| 200 Freestyle | 2:28.59 | 2:26.20 | 438 | 18/11/17 | Plymouth Leander Winter National Qualifier Open | Plymouth | SW171930 | 1 |
| 50 Breaststroke | 36.03 | 35.10 | 530 | 12/03/22 | Team Bath & Millfield National Qualifier L1 Meet | Millfield | SW220145 | 1 |
| 100 Breaststroke | 1:23.31 | 1:21.80 | 456 | 10/03/18 | UBSC National Qualifier Level 1 Open Meet | Hengrove | SW180292 | 1 |
| 200 Breaststroke | 3:54.49 | 3:52.20 | 201 | 20/07/14 | Portsmouth Northsea SC PN End of Season Meet | Portsmouth | SE4226 | 3 |
| 50 Butterfly | 30.15 | 29.50 | 531 | 06/05/19 | ASA SWR Summer Championships | Plymouth | SW190488 | 1 |
| 50 Backstroke | 32.30 | 31.70 | 575 | 13/03/22 | Team Bath & Millfield National Qualifier L1 Meet | Millfield | SW220145 | 1 |
| 100 Backstroke | 1:10.87 | 1:09.70 | 529 | 12/03/22 | Team Bath & Millfield National Qualifier L1 Meet | Millfield | SW220145 | 1 |
| 200 Backstroke | 2:36.89 | 2:34.70 | 483 | 13/03/22 | Team Bath & Millfield National Qualifier L1 Meet | Millfield | SW220145 | 1 |
| 200 Individual Medley | 3:22.34 | 3:20.40 | 242 | 19/07/14 | Portsmouth Northsea SC PN End of Season Meet | Portsmouth | SE4226 | 3 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|----------|-----------------|-----------|----------|---|------------------|----------|-------|
| 50 Freestyle | 26.83 | 27.60 | 624 | 06/11/21 | SE South West Region SC Winter Championships | Millfield School | SW210937 | 2 |
| 100 Freestyle | 59.14 | 1:00.50 | 613 | 02/02/20 | Wiltshire County Age Group & Championships 2020 | Swindon | SW200129 | 2 |
| 200 Freestyle | 2:13.04 | 2:15.60 | 570 | 22/01/22 | Wiltshire County Age Group & Championships 2022 | Swindon | SW220066 | 2 |
| 400 Freestyle | 4:47.73 | 4:52.60 | 519 | 26/10/19 | Poole Season Starter Level 3 Meet | Dorchester | SW192390 | 3 |
| 800 Freestyle | 10:49.40 | 10:58.30 | 397 | 02/10/17 | City of Plymouth Gala | Plymouth | SW171481 | 3 |
| 50 Breaststroke | 34.89 | 35.80 | 537 | 28/11/21 | November County Qualifier 2021 | Millfield | SW210563 | 3 |
| 100 Breaststroke | 1:21.43 | 1:23.00 | 449 | 24/03/18 | Plymouth Leander Spring L3 Short Course Open | Plymouth | SW180557 | 3 |
| 200 Breaststroke | 2:59.69 | 3:02.60 | 420 | 15/01/18 | Devon County Championships and Age Groups 2018 | Plymouth | SW180383 | 2 |
| 50 Butterfly | 30.07 | 30.70 | 532 | 03/11/19 | South West Region Winter SC Championships | Millfield | SW192612 | 2 |
| 100 Butterfly | 1:10.15 | 1:11.20 | 457 | 10/07/21 | Salisbury Stingrays Summer Time Trials | Salisbury | SW210323 | 4 |
| 200 Butterfly | 2:47.85 | 2:49.70 | 361 | 23/11/19 | Salisbury Stingrays Time Trials | Salisbury | SW192878 | 4 |
| 50 Backstroke | 30.91 | 31.60 | 545 | 03/11/19 | South West Region Winter SC Championships | Millfield | SW192612 | 2 |
| 100 Backstroke | 1:07.28 | 1:08.50 | 543 | 22/01/22 | Wiltshire County Age Group & Championships 2022 | Swindon | SW220066 | 2 |
| 200 Backstroke | 2:26.64 | 2:28.90 | 533 | 06/02/22 | Wiltshire County Age Group & Championships 2022 | Swindon | SW220068 | 2 |
| 200 Individual Medley | 2:29.24 | 2:31.90 | 544 | 01/02/20 | Wiltshire County Age Group & Championships 2020 | Swindon | SW200129 | 2 |
| 400 Individual Medley | 5:46.52 | 5:51.60 | 417 | 24/03/18 | Plymouth Leander Spring L3 Short Course Open | Plymouth | SW180557 | 3 |
| 100 Individual Medley | 1:13.72 | 1:13.70 | 450 | 30/09/18 | Fareham Nomads Club Championships | Fareham | SE182056 | 4 |