

Individual Best Times (All Time)

Carly Dean - (922443) - Basildon and Phoenix SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	38.04	37.50	239	20/07/14	Basildon & Phoenix End of Season Meet	Basildon	ER4489	3
200 Individual Medley	3:30.22	3:28.30	215	20/07/14	Basildon & Phoenix End of Season Meet	Basildon	ER4489	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	37.81	38.40	223	28/09/13	Basildon & Phoenix Early Season Taster	Basildon	ER3763	3
50 Backstroke	44.13	44.60	187	28/09/13	Basildon & Phoenix Early Season Taster	Basildon	ER3763	3