

Individual Best Times (All Time)

James Roberts - (922392) - City of Linc Pentaqua SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
200 Freestyle	2:49.78	2:47.70	216	17/01/15	Rotherham Metro A & B Grade LC Meet	Sheffield	NE150075	3
50 Breaststroke	44.67	44.00	196	17/01/15	Rotherham Metro A & B Grade LC Meet	Sheffield	NE150075	3
100 Backstroke	1:34.58	1:33.70	162	17/01/15	Rotherham Metro A & B Grade LC Meet	Sheffield	NE150075	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.50	30.20	319	26/11/16	Louth MeridianMeet	Louth	EM162104	3
100 Freestyle	1:05.34	1:06.60	323	18/09/16	City Of Lincoln Pentaqua Dual Meets	Lincoln	EM160784	4
200 Freestyle	2:30.11	2:32.40	290	16/07/16	Rotherham Metro A & B Grade Short Course Meet	Sheffield	NE160533	3
400 Freestyle	5:25.58	5:29.90	277	04/10/15	CLP Club Championships 2015	Lincoln	EM151046	4
50 Breaststroke	40.84	41.60	228	26/11/16	Louth MeridianMeet	Louth	EM162104	3
100 Breaststroke	1:28.06	1:29.50	247	01/02/16	City Of Lincoln Pentaqua Dual Meets	Lincoln	EM160782	4
200 Breaststroke	3:20.24	3:22.90	216	28/11/15	CLP Club Championships 2105	Lincoln	EM151049	4
50 Butterfly	37.29	37.80	198	08/05/16	City of Lincoln Pentaqua Club Championships	Yarborough	EM160785	4
50 Backstroke	38.26	38.80	192	30/10/16	South Axholme Sharks Halloween Meet	Beverley	NE161171	3
100 Backstroke	1:22.18	1:23.20	203	21/11/15	Louth Meridian Meet	Louth	EM151719	3
100 Individual Medley	1:20.92	1:20.90	225	18/07/15	Rotherham Metro A & B Grade Short Course Meet	Sheffield	NE150503	3