

# Individual Best Times (All Time)

Mark Reilly - (919710) - East Kilbride ASC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.42	28.70	359	27/04/18	East Kilbride Long Course Open Age Group Meet	Dollan Aqua Centre	SCO1453	1
100 Freestyle	59.79	58.40	481	03/03/19	2019 WD Long Course AG Pre-SNAG Meet	Glasgow	SCO1619	1
200 Freestyle	2:21.94	2:19.50	371	29/04/18	East Kilbride Long Course Open Age Group Meet	Dollan Aqua Centre	SCO1453	1
1500 Freestyle	19:08.37	18:50.30	436	03/03/19	2019 WD Long Course AG Pre-SNAG Meet	Glasgow	SCO1619	1
50 Breaststroke	39.39	38.60	285	17/02/18	2018 WD Long Course Championships - Round 2	Glasgow	SCO1423	1
200 Breaststroke	3:13.29	3:10.50	273	03/06/17	East Kilbride Long Course Meet	East Kilbride	SCO1306	1
50 Butterfly	30.09	29.50	405	02/03/19	2019 WD Long Course AG Pre-SNAG Meet	Glasgow	SCO1619	1
100 Butterfly	1:06.53	1:05.40	410	19/05/19	East Kilbride Long Course Age Group Meet 2019	Dollan Aqua Centre	SCO1663	1
200 Butterfly	2:24.84	2:22.60	442	27/06/19	Scottish National Open Championships	Aberdeen	SCO1689	1
50 Backstroke	39.07	38.60	218	01/02/20	2020 WD Long Course Championships - WE2	Tollcross	SCO1783	1
200 Backstroke	2:58.76	2:56.90	245	03/06/17	East Kilbride Long Course Meet	East Kilbride	SCO1306	1
200 Individual Medley	2:44.91	2:42.50	330	04/06/17	East Kilbride Long Course Meet	East Kilbride	SCO1306	1
400 Individual Medley	5:55.36	5:50.40	317	04/06/17	East Kilbride Long Course Meet	East Kilbride	SCO1306	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.80	28.50	381	08/09/19	2019 SS West District SC AG Sprints & Relay Champs	Tollcross	SCO1713	1
100 Freestyle	58.70	1:00.10	445	16/11/19	2019 SS West District SC SAG Championships	Glasgow	SCO1746	2
200 Freestyle	2:10.48	2:13.10	441	24/11/18	Dumfries ASC Advent Open 2018	Dumfries	SCO1559	2
400 Freestyle	4:34.87	4:39.90	460	16/11/19	2019 SS West District SC SAG Championships	Glasgow	SCO1746	2
800 Freestyle	9:52.77	10:02.40	418	26/11/17	Dumfries ASC Advent Open 2017	Dumfries	SCO1374	2
1500 Freestyle	18:03.62	18:22.50	477	17/11/19	2019 SS West District SC SAG Championships	Glasgow	SCO1746	2
50 Breaststroke	36.84	37.70	310	08/09/19	2019 SS West District SC AG Sprints & Relay Champs	Tollcross	SCO1713	1
100 Breaststroke	1:22.36	1:23.90	302	17/11/19	2019 SS West District SC SAG Championships	Glasgow	SCO1746	2
200 Breaststroke	3:07.35	3:10.20	263	11/02/17	North Ayrshire 200 Meet	Auchenharvie	SCO1242	2
50 Butterfly	29.74	30.40	391	07/09/19	2019 SS West District SC AG Sprints & Relay Champs	Tollcross	SCO1713	1
100 Butterfly	1:03.88	1:05.10	418	06/11/19	South Lanarkshire Schools 2019	Larkhall LC	SCO1737	2
200 Butterfly	2:20.51	2:22.70	439	06/11/19	South Lanarkshire Schools 2019	Larkhall LC	SCO1737	2
50 Backstroke	36.16	36.70	228	02/09/18	2018 SS West District SC Sprints & Relay Champs	Tollcross	SCO1516	1
100 Backstroke	1:30.41	1:31.30	152	28/02/16	EKASC Accredited Time Trial 2016	Larkhall	SCO1091	2
200 Backstroke	2:44.04	2:46.10	267	24/11/18	Dumfries ASC Advent Open 2018	Dumfries	SCO1559	2
200 Individual Medley	2:38.02	2:40.50	333	08/11/17	South Lanarkshire Schools 2017	Larkhill LC	SCO1372	2
400 Individual Medley	5:18.56	5:24.00	400	16/11/19	2019 SS West District SC SAG Championships	Glasgow	SCO1746	2
100 Individual Medley	1:11.90	1:11.90	321	07/09/19	2019 SS West District SC AG Sprints & Relay Champs	Tollcross	SCO1713	1