

# Individual Best Times (All Time)

Elizabeth McQueen - (919509) - Colwyn Bay

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.80	35.40	286	01/02/16	Swim Wales North Regional Championships	Llandudno	WL160023	2
100 Freestyle	1:14.65	1:15.80	305	31/01/16	Swim Wales North Regional Championships	Llandudno	WL160023	2
200 Freestyle	2:42.50	2:44.60	312	30/01/16	Swim Wales North Regional Championships	Llandudno	WL160023	2
400 Freestyle	6:07.94	6:11.70	248	27/09/14	Conwy County Aquatics Closed Invitational	Llandudno	WAL594	4
800 Freestyle	14:08.93	14:15.70	177	18/01/14	Holywell Valentine Meet	Holywell	WAL541	2
50 Breaststroke	46.80	47.50	222	18/10/15	Conwy County Aquatics Autumn Meet	Llandudno	WL150714	2
100 Breaststroke	1:46.29	1:47.50	201	28/09/14	Conwy County Aquatics Closed Invitational	Llandudno	WAL594	4
50 Butterfly	39.71	40.20	231	17/10/15	Conwy County Aquatics Autumn Meet	Llandudno	WL150714	2
100 Butterfly	1:33.29	1:34.10	194	23/05/15	Conwy County Aquatics Whitsun Meet	Llandudno	WL150712	2
50 Backstroke	43.10	43.60	201	11/04/15	City of Bangor - Bangor Diddy Meet	Llandudno	WL150660	3
100 Backstroke	1:29.81	1:30.70	228	28/09/14	Conwy County Aquatics Closed Invitational	Llandudno	WAL594	4
200 Individual Medley	3:17.30	3:19.30	235	28/09/14	Conwy County Aquatics Closed Invitational	Llandudno	WAL594	4
100 Individual Medley	1:28.76	1:28.80	258	12/07/15	Len Thomas Memorial Sprint Meet	Llandudno	WL150713	2