

# Individual Best Times (All Time)

Lily Fletcher - (918315) - Witham Dolphins SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.66	31.00	414	29/10/17	Essex Senior Winter Championships 2017	Basildon	ER171405	1
100 Freestyle	1:16.10	1:15.00	313	31/03/18	BPSC Easter Meet 2018	Basildon	ER180211	1
50 Butterfly	34.47	33.90	355	03/02/18	Essex Age Group Championships 2018	London	ER180155	1
50 Backstroke	39.90	39.40	305	04/02/17	Essex Age Group Championships	London	ER170023	1
100 Backstroke	1:35.80	1:35.00	214	27/09/15	BWFSC County Qualifier Meet 2015	London	LR151058	3
200 Individual Medley	3:15.48	3:13.40	268	23/07/17	BPSC End of Season Meet 2017	Basildon	ER170185	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.99	31.70	405	21/10/18	Essex Senior Winter Champs 2018	Basildon	ER181237	2
100 Freestyle	1:11.80	1:13.00	342	19/11/17	Teamipswich November Open 2017	Ipswich	ER171868	3
200 Freestyle	2:39.75	2:41.90	329	25/11/17	Witham Dolphins Winter Club Championships	Witham	ER172368	4
400 Freestyle	5:31.17	5:35.40	340	15/10/17	Witham Dolphins Winter Club Championships	Witham	ER172204	4
800 Freestyle	12:00.07	12:08.10	291	17/06/18	Witham Dolphins Summer Club Championships 2018	Witham	ER181173	4
50 Breaststroke	43.44	44.20	278	24/06/18	Witham Dolphins Summer Club Championships 2018	WITHAM	ER181171	4
100 Breaststroke	1:37.91	1:39.20	258	03/12/17	Witham Dolphins Club Championships	Witham	ER172441	4
200 Breaststroke	3:29.36	3:31.90	265	25/11/17	Witham Dolphins Winter Club Championships	Witham	ER172368	4
50 Butterfly	34.83	35.40	342	20/10/18	Essex Senior Winter Champs 2018	Basildon	ER181237	2
100 Butterfly	1:37.22	1:38.00	171	03/12/17	Witham Dolphins Club Championships	Witham	ER172441	4
200 Butterfly	3:27.18	3:28.70	192	25/11/17	Witham Dolphins Winter Club Championships	Witham	ER172368	4
50 Backstroke	37.21	37.70	312	18/12/16	LBRSC Last Chance Qualifying Meet	Fullwell Cross	LR161365	3
100 Backstroke	1:30.64	1:31.50	222	13/11/16	Witham Dolphins Winter Club Champs	Witham	ER162195	4
200 Backstroke	3:05.06	3:06.90	265	02/12/18	Witham Dolphins Winter Club Championships	Witham	ER182514	4
200 Individual Medley	3:06.45	3:08.60	279	11/11/18	Witham Dolphins Winter Club Championships	Witham	ER182516	4
400 Individual Medley	6:32.13	6:36.60	287	04/06/17	Witham Dolphins Summer Club Championships	Witham	ER170958	4
100 Individual Medley	1:22.57	1:22.60	320	17/06/17	Witham Dolphins Summer Club Championships	Witham	ER170960	4