

Individual Best Times (All Time)

George Ragg-Griffith - (917531) - Dawlish SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.77	25.00	534	01/04/18	Portsmouth Northsea Easter Meet	Mountbatten SC	SE180278	1
100 Freestyle	56.60	55.10	567	31/03/18	Portsmouth Northsea Easter Meet	Mountbatten SC	SE180278	1
200 Freestyle	2:10.92	2:08.20	472	07/02/16	Hampshire County Swimming Championships 2016	Portsmouth	SE160577	1
50 Breaststroke	34.76	33.80	416	11/02/17	Hampshire County Swimming Championships 2017	Portsmouth	SE170466	1
50 Butterfly	26.76	26.00	576	04/08/18	Swim England National Summer Meet	Sheffield	ENG009	1
100 Butterfly	59.38	58.10	577	07/05/18	Swim England South East Championships 2018	Wycombe	SE181206	1
200 Butterfly	2:15.80	2:13.50	536	04/08/16	ASA Summer Nationals 2016	Sheffield	ASA149	1
50 Backstroke	30.93	30.30	441	17/12/17	Portsmouth Northsea Christmas Meet	Portsmouth	SE172168	3
100 Backstroke	1:05.82	1:04.60	481	06/02/16	Hampshire County Swimming Championships 2016	Portsmouth	SE160577	1
200 Backstroke	2:25.42	2:23.10	455	26/03/16	Portsmouth Northsea Easter Festival	Portsmouth	SE160363	1
200 Individual Medley	2:23.19	2:20.40	504	29/05/17	PNSC May Madness Meet	Portsmouth	SE170386	1
400 Individual Medley	5:15.17	5:09.50	455	23/05/15	ASASER Swimming Championships	Portsmouth	SE150985	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.19	26.00	512	29/09/18	Portsmouth Northsea Club Championships 2018	Mountbatten SC	SE182049	4
100 Freestyle	56.12	57.60	510	10/03/18	Forest Of Bere Regional Chaser Meet	Waterlooville	SE180592	3
200 Freestyle	2:04.71	2:07.50	505	26/06/16	Hampshire & IOW SSA Annual Swimming Gala 2016	Portsmouth	SE160973	2
400 Freestyle	4:42.78	4:47.70	422	25/10/14	Portsmouth Northsea Halloween Meet	Portsmouth	SE14424	3
1500 Freestyle	19:47.11	20:04.40	363	13/11/15	Portsmouth Northsea Level 4 Time Trials	Portsmouth	SE152368	4
50 Breaststroke	35.65	36.50	342	01/10/16	PNSC Club Championships 2016	Portsmouth	SE162220	4
200 Breaststroke	3:02.57	3:05.40	285	24/01/15	Portsmouth Northsea Level 4 Time Trials	Portsmouth	SE150119	4
50 Butterfly	26.60	27.30	546	17/11/19	BUCS Short Course Swimming Championships 2019	Sheffield	NE193130	2
100 Butterfly	1:00.16	1:01.40	500	16/11/19	BUCS Short Course Swimming Championships 2019	Sheffield	NE193130	2
200 Butterfly	2:15.48	2:17.80	490	26/06/16	Hampshire & IOW SSA Annual Swimming Gala 2016	Portsmouth	SE160973	2
50 Backstroke	30.04	30.70	398	21/11/15	Guildford City SC November L2 Open Meet	Surrey	SE151100	2
100 Backstroke	1:06.08	1:07.30	391	08/03/15	Hampshire County ASA Championships	Waterlooville	CC150870	1
200 Backstroke	2:29.47	2:31.70	352	29/11/14	Portsmouth Northsea Christmas Cracker	Portsmouth	SE14423	2
200 Individual Medley	2:22.49	2:25.20	455	22/11/15	Guildford City SC November L2 Open Meet	Surrey	SE151100	2
400 Individual Medley	5:13.32	5:18.90	420	05/12/14	Portsmouth Northsea SC Level 4 Time Trials	Portsmouth	SE14366	4
100 Individual Medley	1:04.76	1:04.80	440	15/10/16	PNSC Time Trials 2016-2017	Portsmouth	SE162221	4