

Individual Best Times (All Time)

Amy Brown - (916710) - City of Southampton SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.53	27.80	566	12/05/18	ASA SWR Summer Championships	Bristol	SW180513	1
100 Freestyle	1:02.04	1:00.70	579	20/05/18	ASA SWR Summer Championships	Millfield	SW180514	1
200 Freestyle	2:42.07	2:39.90	337	20/04/14	Portsmouth Northsea Easter Swim Festival	Portsmouth	SE4255	1
50 Breaststroke	34.32	33.40	613	05/04/22	British Championships 2022	Sheffield	BSW020	1
100 Breaststroke	1:14.23	1:12.50	644	10/04/22	British Championships 2022	Sheffield	BSW020	1
200 Breaststroke	2:41.82	2:38.50	614	15/12/17	Swim England Winter Championships 2017	Sheffield	ASA154	1
50 Butterfly	30.73	30.10	502	25/05/19	Plymouth Leander National Qualifier L1 LC Open	Plymouth	SW191273	1
100 Butterfly	1:07.35	1:06.20	558	25/05/19	Plymouth Leander National Qualifier L1 LC Open	Plymouth	SW191273	1
50 Backstroke	30.77	30.10	665	14/03/20	Millfield & Team Bath AS L1 National Qualifier	Millfield School	SW200510	1
100 Backstroke	1:06.55	1:05.30	639	14/03/20	Millfield & Team Bath AS L1 National Qualifier	Millfield School	SW200510	1
200 Backstroke	2:25.39	2:23.10	607	13/05/18	ASA SWR Summer Championships	Bristol	SW180513	1
200 Individual Medley	2:24.02	2:21.30	671	09/04/22	British Championships 2022	Sheffield	BSW020	1
400 Individual Medley	5:07.26	5:01.50	647	31/07/18	Swim England National Summer Meet	Sheffield	ENG009	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.46	28.20	582	01/02/20	Dorset 2020 Integrated Champs and Age Group Comp	Littledown	SW200145	2
100 Freestyle	59.29	1:00.70	608	07/11/21	SE South West Region SC Winter Championships	Millfield School	SW210937	2
200 Freestyle	2:07.94	2:10.60	640	01/07/21	Swim Bournemouth	Canford	LEX3342	0
400 Freestyle	4:29.73	4:34.90	630	18/01/20	Dorset 2020 Integrated Champs and Age Group Comp	Littledown	SW200143	2
800 Freestyle	9:26.64	9:36.70	598	10/02/19	Dorset 2019 Integrated Champs and Age Group Comp	Dorchester	SW190088	2
50 Breaststroke	33.41	34.30	612	04/12/21	Swim England National Winter Championships (25m)	Sheffield	ENG020	2
100 Breaststroke	1:12.24	1:14.00	643	03/12/21	Swim England National Winter Championships (25m)	Sheffield	ENG020	2
200 Breaststroke	2:36.36	2:39.70	637	17/02/19	Dorset 2019 Integrated Champs and Age Group Comp	Bournemouth	SW190089	2
50 Butterfly	29.46	30.10	566	20/11/21	Swim Bournemouth L2 Winter Meet	Bournemouth	SW210562	2
100 Butterfly	1:05.84	1:07.00	553	28/10/18	Portsmouth Northsea First Chance County Qualifier	Mountbatten sc	SE182159	3
200 Butterfly	2:22.04	2:24.20	597	06/04/19	Swim Bournemouth Spring Level 2 Open Meet	Bournemouth	SW190483	2
50 Backstroke	29.65	30.30	617	19/01/20	Dorset 2020 Integrated Champs and Age Group Comp	Littledown	SW200143	2
100 Backstroke	1:04.27	1:05.50	622	05/12/21	Swim England National Winter Championships (25m)	Sheffield	ENG020	2
200 Backstroke	2:19.20	2:21.60	623	03/11/18	ASA SWR Winter Championships	Millfield	SW180511	2
200 Individual Medley	2:20.74	2:23.50	649	17/11/19	Swim Bournemouth L2 Winter Short Course	Littledown Centre	SW192634	2
400 Individual Medley	4:58.17	5:04.00	654	17/11/19	Swim Bournemouth L2 Winter Short Course	Littledown Centre	SW192634	2
100 Individual Medley	1:04.72	1:04.70	665	04/12/21	Swim England National Winter Championships (25m)	Sheffield	ENG020	2