

Individual Best Times (All Time)

Aimie Quarrie - (916701) - Poole SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.25	28.50	525	07/12/19	Windsor SC Long Course L3 Open Meet	Aldershot	SE193115	3
100 Freestyle	1:02.85	1:01.50	556	11/03/23	PL Early Spring National Qualifier L1 Meet 2023	Plymouth	SW230453	1
200 Freestyle	2:13.56	2:10.90	603	26/04/23	SE South West Summer Regional Championships 2023	Plymouth	SW230523	1
400 Freestyle	4:40.39	4:35.30	591	07/05/23	Swansea Aquatic May LC Meet	Swansea	WL230007	1
800 Freestyle	9:38.31	9:28.20	589	06/05/19	ASA SWR Summer Championships	Plymouth	SW190488	1
1500 Freestyle	18:17.95	17:59.00	589	18/04/19	Portsmouth Northsea Easter Meet	Mountbatten SC	SE190069	1
50 Breaststroke	37.76	36.90	460	05/05/19	ASA SWR Summer Championships	Plymouth	SW190488	1
100 Breaststroke	1:23.03	1:21.50	460	04/05/19	ASA SWR Summer Championships	Plymouth	SW190488	1
200 Breaststroke	3:16.89	3:14.20	340	19/03/17	Millfield School Super Series (LC)	Millfield	SW170052	1
50 Butterfly	31.26	30.60	477	11/03/23	PL Early Spring National Qualifier L1 Meet 2023	Plymouth	SW230453	1
100 Butterfly	1:10.66	1:09.60	484	26/03/22	The Winchester Spring Qualifier	Winchester	SE220339	1
200 Butterfly	2:41.73	2:39.80	427	31/03/18	Millfield School Super Series	Millfield	SW180400	3
50 Backstroke	32.40	31.80	569	01/05/22	Swim England South West Region Championships 2022	Plymouth	SW220568	1
100 Backstroke	1:09.07	1:07.90	571	25/04/23	SE South West Summer Regional Championships 2023	Plymouth	SW230523	1
200 Backstroke	2:24.68	2:22.40	616	24/04/23	SE South West Summer Regional Championships 2023	Plymouth	SW230523	1
200 Individual Medley	2:27.36	2:24.70	626	07/05/23	Swansea Aquatic May LC Meet	Swansea	WL230007	1
400 Individual Medley	5:12.40	5:06.70	616	25/03/23	The Winchester Spring Qualifier 2023	Winchester	SE230179	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.80	29.50	504	01/02/20	Dorset 2020 Integrated Champs and Age Group Comp	Littledown	SW200145	2
100 Freestyle	1:00.54	1:01.90	571	28/01/23	Dorset County Championships 2023	Littledown	SW230027	2
200 Freestyle	2:10.76	2:13.40	600	15/10/22	The Winchester Autumn Qualifier	Winchester	SE221723	2
400 Freestyle	4:36.75	4:41.80	583	16/03/19	Poole Swimming Club Regional Qualifier 2019	Dorchester	SW190509	3
800 Freestyle	9:22.62	9:32.80	611	15/10/23	Poole SC Club Champs 800m & 1500m 2023	Dolphin LC	SW232103	4
1500 Freestyle	17:59.03	18:18.00	596	15/11/19	Swim Bournemouth L2 Winter Short Course	Littledown Centre	SW192634	2
50 Breaststroke	36.95	37.80	452	02/11/19	South West Region Winter SC Championships	Millfield	SW192612	2
100 Breaststroke	1:19.95	1:21.50	474	30/01/22	Dorset County 2022 Championships & Age Group Comp	Littledown	SW220098	2
200 Breaststroke	2:48.41	2:51.50	510	02/02/20	Dorset 2020 Integrated Champs and Age Group Comp	Littledown	SW200145	2
50 Butterfly	31.22	31.80	476	16/01/22	Dorset County 2022 Championships & Age Group Comp	Littledown	SW220096	2
100 Butterfly	1:09.21	1:10.30	476	02/02/20	Dorset 2020 Integrated Champs and Age Group Comp	Littledown	SW200145	2
200 Butterfly	2:37.81	2:39.80	435	03/02/19	Dorset 2019 Integrated Champs and Age Group Comp	Bournemouth	SW190087	2
50 Backstroke	31.45	32.10	517	15/01/23	Dorset County Championships 2023	Littledown	SW230025	2
100 Backstroke	1:05.84	1:07.00	579	05/11/22	SWR Short Course Winter	Millfield	SW221964	2
200 Backstroke	2:19.03	2:21.40	626	05/11/22	SWR Short Course Winter	Millfield	SW221964	2
					National Arena Swimming League Western 2023 Gala			
200 Individual Medley	2:22.70	2:25.40	622	11/11/23	2	Plymouth	SW232341	4
400 Individual Medley	5:01.40	5:07.20	634	21/10/23	CW+Millfield Int'l Meet Part of 23/24 Arena Series	Millfield School	SW231690	2
100 Individual Medley	1:09.71	1:09.70	532	19/01/20	Dorset 2020 Integrated Champs and Age Group Comp	Littledown	SW200143	2