

Individual Best Times (All Time)

James Hammond - (916301) - Armthorpe & District SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.41	31.80	268	07/07/13	Borough of Barnsley SC 6th Summer Sizzler	Sheffield	NE3418	3
100 Freestyle	1:14.69	1:13.60	246	07/07/13	Borough of Barnsley SC 6th Summer Sizzler	Sheffield	NE3418	3
50 Butterfly	37.17	36.70	215	07/07/13	Borough of Barnsley SC 6th Summer Sizzler	Sheffield	NE3418	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.38	31.10	292	20/06/15	Team Jorvik Viking Sprints 2015	Leeds	NE150569	3
100 Freestyle	1:08.38	1:09.60	281	06/10/15	DMASA Individual Championships 2015 ('The Mets')	Adwick	NE151994	4
50 Breaststroke	42.57	43.30	201	20/06/15	Team Jorvik Viking Sprints 2015	Leeds	NE150569	3
100 Breaststroke	1:33.76	1:35.10	204	05/10/14	DMASA Individual Championships	Adwick	NE14540	4
50 Butterfly	32.31	32.90	305	19/11/16	Armthorpe Schofield's Home Championships	Armthorpe	NE161163	4
100 Butterfly	1:14.78	1:15.80	260	06/10/15	DMASA Individual Championships 2015 ('The Mets')	Adwick	NE151994	4
50 Backstroke	35.71	36.30	237	20/06/15	Team Jorvik Viking Sprints 2015	Leeds	NE150569	3
100 Backstroke	1:19.60	1:20.60	223	06/10/15	DMASA Individual Championships 2015 ('The Mets')	Adwick	NE151994	4
100 Individual Medley	1:17.24	1:17.20	259	15/11/14	Armthorpe Schofield Home Championships	Armthorpe	NE4758	4