

Individual Best Times (All Time)

Katie Norager - (916296) - Stowmarket SC

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|---------|-----------------|-----------|----------|----------------------------------------------|------------|----------|-------|
| 50 Freestyle | 36.58 | 37.10 | 246 | 17/01/15 | Teamipswich Swimming January Open Meet | Ipswich | ER150023 | 3 |
| 100 Freestyle | 1:23.34 | 1:24.30 | 219 | 18/01/15 | Teamipswich Swimming January Open Meet | Ipswich | ER150023 | 3 |
| 200 Freestyle | 3:09.81 | 3:11.60 | 196 | 14/11/14 | Stowmarket Club Champs | Stowmarket | ER14651 | 4 |
| 400 Freestyle | 6:39.59 | 6:43.10 | 193 | 28/11/14 | Stowmarket Club Champs | Stowmarket | ER14653 | 4 |
| 50 Breaststroke | 55.03 | 55.60 | 137 | 23/11/14 | Stowmarket Club Champs | Stowmarket | ER14652 | 4 |
| 100 Breaststroke | 2:01.81 | 2:02.80 | 134 | 22/06/14 | Suffolk County ASA Development Championships | Newmarket | ER4546 | 3 |
| 200 Breaststroke | 4:15.36 | 4:17.40 | 146 | 22/06/14 | Suffolk County ASA Development Championships | Newmarket | ER4546 | 3 |
| 50 Butterfly | 50.34 | 50.70 | 113 | 21/06/14 | Suffolk County ASA Development Championships | Newmarket | ER4546 | 3 |
| 100 Butterfly | 2:08.20 | 2:08.80 | 74 | 15/11/14 | Stowmarket Club Champs | Stowmarket | ER14651 | 4 |
| 50 Backstroke | 46.69 | 47.10 | 158 | 22/11/14 | Stowmarket Club Champs | Stowmarket | ER14652 | 4 |
| 100 Backstroke | 1:40.98 | 1:41.80 | 160 | 15/11/14 | Stowmarket Club Champs | Stowmarket | ER14651 | 4 |
| 200 Backstroke | 3:36.00 | 3:37.50 | 166 | 21/11/14 | Stowmarket Club Champs | Stowmarket | ER14652 | 4 |
| 200 Individual Medley | 3:41.12 | 3:42.90 | 167 | 15/11/14 | Stowmarket Club Champs | Stowmarket | ER14651 | 4 |
| 100 Individual Medley | 1:42.76 | 1:42.80 | 166 | 23/11/14 | Stowmarket Club Champs | Stowmarket | ER14652 | 4 |