

Individual Best Times (All Time)

Tia Wilson - (915682) - Bedford Swim Squad

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.90	28.20	545	29/05/16	ASA East Region Long Course Championships	Luton	ER160821	1
100 Freestyle	1:01.15	59.80	604	28/01/18	Bedfordshire 2018 Age Group & County Champs	Luton	ER180275	1
200 Freestyle	2:08.84	2:06.10	671	01/05/17	ASA East Long Course Championships	Luton	ER170219	1
400 Freestyle	4:29.36	4:24.10	667	27/01/19	Bedfordshire ASA 2019 Age Group and County Champs	Luton	ER190245	1
800 Freestyle	9:15.16	9:04.70	665	25/01/19	Bedfordshire ASA 2019 Age Group and County Champs	Luton	ER190245	1
1500 Freestyle	17:39.70	17:20.10	655	31/03/19	Team Luton March Open Meet	Luton	ER190183	1
50 Breaststroke	38.83	38.00	423	25/05/15	ASA East Region Summer Championships	Norwich	ER150673	1
100 Breaststroke	1:22.94	1:21.40	462	09/04/17	Derwentio Excel 11th LC Open Meet	Sheffield	EM170259	1
200 Breaststroke	3:00.19	2:57.20	444	13/02/16	Bedfordshire Age Group & County Champs	Luton	ER160102	1
50 Butterfly	32.34	31.70	431	04/02/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	ER170119	1
100 Butterfly	1:12.16	1:11.10	454	08/04/17	Derwentio Excel 11th LC Open Meet	Sheffield	EM170259	1
50 Backstroke	37.44	36.90	369	22/03/15	Bedfordshire ASA County Championships	Luton	CC150190	1
100 Backstroke	1:15.00	1:13.90	446	13/02/16	Bedfordshire Age Group & County Champs	Luton	ER160102	1
200 Backstroke	2:33.32	2:31.10	518	29/04/17	ASA East Long Course Championships	Luton	ER170219	1
200 Individual Medley	2:29.12	2:26.50	604	13/05/17	Team Luton May Long Course Meet 2017	Luton	ER170349	1
400 Individual Medley	5:16.55	5:11.00	592	13/05/17	Team Luton May Long Course Meet 2017	Luton	ER170349	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.65	29.40	512	06/11/16	East Swimming 2016 SC Championships	Luton	ER161979	2
100 Freestyle	1:01.63	1:03.00	542	05/11/16	East Swimming 2016 SC Championships	Luton	ER161979	2
200 Freestyle	2:08.23	2:10.90	636	04/11/18	Swim England East Region Short Course Championship	Luton	ER180889	2
400 Freestyle	4:28.63	4:33.80	638	04/11/18	Swim England East Region Short Course Championship	Luton	ER180889	2
800 Freestyle	9:12.25	9:22.60	646	02/11/18	Swim England East Region Short Course Championship	Luton	ER180889	2
1500 Freestyle	18:01.59	18:20.50	592	22/12/18	Modernian Distance Event	Bedford	ER182670	4
50 Breaststroke	38.93	39.70	387	21/12/14	City of Peterborough County Qualifier Open Meet	Peterborough	ER14344	3
100 Breaststroke	1:21.53	1:23.10	447	26/11/17	Linslade Crusaders Last Chance Meet	Bletchley	ER171359	3
200 Breaststroke	3:00.18	3:03.10	416	25/01/15	Biggleswade 16th Open Meet	Biggleswade	ER150191	3
50 Butterfly	37.64	38.10	271	23/03/14	Bedfordshire Age Group & County Champs	Luton	CC4033	2
100 Butterfly	1:10.58	1:11.60	449	26/11/17	Linslade Crusaders Last Chance Meet	Bletchley	ER171359	3
200 Butterfly	2:32.69	2:34.70	480	19/03/17	Bishops Stortford Spring Regional Qualifier	Borehamwood	ER170330	3
50 Backstroke	37.00	37.50	317	20/12/14	City of Peterborough County Qualifier Open Meet	Peterborough	ER14344	3
100 Backstroke	1:11.96	1:13.10	443	21/10/17	Flitwick Dolphins Open Meet 2017	Biggleswade	ER170904	3
200 Backstroke	2:30.04	2:32.20	498	19/03/17	Bishops Stortford Spring Regional Qualifier	Borehamwood	ER170330	3
200 Individual Medley	2:28.18	2:30.80	556	19/03/17	Bishops Stortford Spring Regional Qualifier	Borehamwood	ER170330	3
400 Individual Medley	5:16.67	5:22.20	546	25/11/18	Last Chance Open Meet	Bletchley	ER181224	3
100 Individual Medley	1:15.40	1:15.40	420	22/11/15	Golden Eagle Meet 2015	Bletchley	ER151726	2