

Individual Best Times (All Time)

Orlagh Sando - (915430) - Maidenhead ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	40.57	40.00	197	05/07/14	Rushmoor Royals SC Summer Open Meet	Aldershot	SE4694	3
100 Freestyle	1:10.69	1:09.50	391	14/01/18	Berks & Sth Bucks County Championships	Wycombe	SE180129	1
200 Freestyle	3:12.01	3:10.20	203	05/07/14	Rushmoor Royals SC Summer Open Meet	Aldershot	SE4694	3
50 Breaststroke	45.12	44.40	269	25/03/17	Bracknell Wokingham Spring Level 3 Open Meet	Aldershot	SE170537	3
200 Breaststroke	3:22.23	3:19.60	314	25/03/17	Bracknell Wokingham Spring Level 3 Open Meet	Aldershot	SE170537	3
50 Backstroke	46.71	46.30	190	05/07/14	Rushmoor Royals SC Summer Open Meet	Aldershot	SE4694	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.96	32.60	369	26/02/17	ESC February L3 Open	Northolt	LR170029	3
100 Freestyle	1:08.04	1:09.30	402	17/11/18	Maidenhead Marlins Level 4 Series meet	MAIDENHEAD	SE181141	4
200 Freestyle	2:26.65	2:29.00	425	17/06/17	Maidenhead Marlins L4 Series Meet	Maidenhead	SE171361	4
400 Freestyle	5:07.46	5:12.00	425	02/12/17	Windsor L3 County Chaser Meet	Maidenhead	SE171777	3
800 Freestyle	10:35.84	10:44.90	423	12/11/17	Windsor Winter Distance Meet	Maidenhead	SE171477	3
50 Breaststroke	39.72	40.50	364	16/12/18	Tilehurst SC "No Frills - Last Chance County Qua"	Reading	SE182453	3
100 Breaststroke	1:24.56	1:26.00	401	17/11/18	Maidenhead Marlins Level 4 Series meet	MAIDENHEAD	SE181141	4
200 Breaststroke	3:08.60	3:11.40	363	20/04/19	Maidenhead Marlins Level 4 Series	Maidenhead	SE191869	4
50 Butterfly	39.44	39.90	236	28/04/18	Maidenhead Marlins Level 4 Series meet	MAIDENHEAD	SE181139	4
100 Butterfly	1:27.69	1:28.60	234	05/05/18	Maidenhead Marlins Level 4 Series meet	MAIDENHEAD	SE181140	4
50 Backstroke	39.20	39.70	267	05/05/18	Maidenhead Marlins Level 4 Series meet	MAIDENHEAD	SE181140	4
100 Backstroke	1:23.65	1:24.60	282	28/04/18	Maidenhead Marlins Level 4 Series meet	MAIDENHEAD	SE181139	4
200 Backstroke	3:02.01	3:03.80	279	22/10/16	Maidenhead Level 4 Series	Maidenhead	SE162389	4
200 Individual Medley	2:54.98	2:57.20	337	25/02/17	ESC February L3 Open	Northolt	LR170029	3
100 Individual Medley	1:18.65	1:18.70	370	01/10/17	Modernian Golden Eagle Meet	Bletchley	ER170315	2