

Individual Best Times (All Time)

Zach Clarke - (913873) - Cleethorpes & Dist SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.88	30.20	310	20/12/15	City of Leeds Christmas Meet 2015	Leeds	NE150109	3
100 Freestyle	1:03.24	1:01.90	406	25/07/15	City of Sheffield Summer Meet	Sheffield	NE150209	3
200 Freestyle	2:17.20	2:14.60	410	09/04/16	Richmond Dales Open Meet	Leeds	NE160001	1
400 Freestyle	4:51.22	4:46.40	431	06/02/16	Yorkshire County Championships	Leeds	NE160068	1
50 Breaststroke	49.37	48.70	145	18/01/14	Rotherham Metro SC A & B Grade LC Meet	Sheffield	NE4046	3
200 Breaststroke	3:14.89	3:12.20	266	25/07/15	City of Sheffield Summer Meet	Sheffield	NE150209	3
50 Butterfly	39.81	39.30	175	18/01/14	Rotherham Metro SC A & B Grade LC Meet	Sheffield	NE4046	3
100 Butterfly	1:13.52	1:12.50	304	25/07/15	City of Sheffield Summer Meet	Sheffield	NE150209	3
50 Backstroke	32.21	31.60	390	28/02/16	Yorkshire County Championships	Sheffield	NE160070	1
100 Backstroke	1:09.03	1:07.90	417	20/12/15	City of Leeds Christmas Meet 2015	Leeds	NE150109	3
200 Backstroke	2:28.56	2:26.30	427	01/05/16	ASANER Regional Championships 2016	Sunderland	NE160065	1
200 Individual Medley	2:35.55	2:33.00	393	25/07/15	City of Sheffield Summer Meet	Sheffield	NE150209	3
400 Individual Medley	5:30.59	5:25.20	394	13/02/16	Yorkshire County Championships	Leeds	NE160069	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.39	29.10	358	12/01/19	Cleethorpes & District SC-2019 Minnows Sprints	Grimsby	NE190470	4
100 Freestyle	1:01.48	1:02.80	387	07/11/15	Cleethorpes & District SC Club Champs & Time Trial	Grimsby	NE151932	4
200 Freestyle	2:15.55	2:18.10	393	02/04/16	Spa Town Meet	Harrogate	NE160247	3
400 Freestyle	4:44.72	4:49.60	414	20/11/15	Cleethorpes & District SC Club Champs & Time Trial	Grimsby	NE151933	4
1500 Freestyle	19:37.94	19:55.30	371	21/11/15	Cleethorpes & District SC Club Champs & Time Trial	Grimsby	NE151934	4
50 Breaststroke	37.32	38.20	298	12/01/19	Cleethorpes & District SC-2019 Minnows Sprints	Grimsby	NE190470	4
100 Breaststroke	1:24.41	1:25.90	280	02/04/16	Spa Town Meet	Harrogate	NE160247	3
200 Breaststroke	3:08.12	3:10.90	260	22/11/15	Cleethorpes & District SC Club Champs & Time Trial	Grimsby	NE151935	4
50 Butterfly	32.62	33.20	296	12/01/19	Cleethorpes & District SC-2019 Minnows Sprints	Grimsby	NE190470	4
100 Butterfly	1:13.62	1:14.60	273	01/11/15	York City Baths Early Bird County Qualifier	Hull	NE151856	3
200 Butterfly	2:44.97	2:46.90	271	09/01/16	Harrogate District Janus Meet	Harrogate	NE160212	3
50 Backstroke	31.39	32.00	349	12/01/19	Cleethorpes & District SC-2019 Minnows Sprints	Grimsby	NE190470	4
100 Backstroke	1:07.81	1:09.00	362	11/10/15	Yorkshire Winter Competition	Sheffield	NE151548	2
200 Backstroke	2:25.10	2:27.40	385	10/01/16	Harrogate District Janus Meet	Harrogate	NE160212	3
200 Individual Medley	2:30.80	2:33.40	384	11/10/15	Yorkshire Winter Competition	Sheffield	NE151548	2
400 Individual Medley	5:25.11	5:30.50	376	01/11/15	York City Baths Early Bird County Qualifier	Hull	NE151856	3
100 Individual Medley	1:12.94	1:12.90	308	03/05/15	BOSSS Spring Gala	Billingham	NE150567	3