

# Individual Best Times (All Time)

Amy Catherall - (912307) - Deepings SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	43.09	42.60	164	13/07/14	Northampton Summer Festival Open Meet	Corby	EM4053	3
50 Breaststroke	51.33	50.70	183	13/07/14	Northampton Summer Festival Open Meet	Corby	EM4053	3
200 Breaststroke	4:02.80	4:00.60	181	18/01/15	Rotherham Metro A & B Grade LC Meet	Sheffield	NE150075	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.33	34.90	297	01/05/16	South Lincs Tulip Meet 2016	Spalding	EM160420	3
100 Freestyle	1:19.42	1:20.50	253	01/05/16	South Lincs Tulip Meet 2016	Spalding	EM160420	3
200 Freestyle	2:56.53	2:58.50	243	17/07/16	Deepings Club Championships 2016	Deeping	EM161548	4
400 Freestyle	6:07.19	6:11.00	249	19/06/16	Deepings Club Championships 2016	Deeping	EM161546	4
800 Freestyle	12:53.24	13:00.70	235	25/09/16	Deepings Club Championships	Deepings	EM162334	4
50 Breaststroke	46.73	47.40	223	01/10/16	Rob Welbourn Open Meet 2016	Deeping	EM161545	3
100 Breaststroke	1:42.68	1:43.90	224	16/07/16	Deepings Club Championships 2016	Deeping	EM161548	4
200 Breaststroke	3:42.70	3:45.10	220	16/07/16	Deepings Club Championships 2016	Deeping	EM161548	4
50 Butterfly	45.26	45.70	156	16/07/16	Deepings Club Championships 2016	Deeping	EM161548	4
100 Butterfly	1:42.56	1:43.30	146	30/04/16	South Lincs Tulip Meet 2016	Spalding	EM160420	3
50 Backstroke	41.04	41.50	232	01/10/16	Rob Welbourn Open Meet 2016	Deeping	EM161545	3
100 Backstroke	1:33.47	1:34.30	202	17/07/16	Deepings Club Championships 2016	Deeping	EM161548	4
200 Backstroke	3:16.69	3:18.40	221	16/07/16	Deepings Club Championships 2016	Deeping	EM161548	4
200 Individual Medley	3:18.23	3:20.20	232	16/07/16	Deepings Club Championships 2016	Deeping	EM161548	4
400 Individual Medley	6:43.31	6:47.70	264	26/06/16	Deepings Club Championships 2016	Deeping	EM161547	4
100 Individual Medley	1:32.62	1:32.60	227	30/04/16	South Lincs Tulip Meet 2016	Spalding	EM160420	3