

Individual Best Times (All Time)

Matthew Hayes - (911927) - Tynemouth SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:08.94	1:07.70	314	19/01/19	City of Sunderland New Year Meet 2019	Sunderland	NE190293	1
400 Freestyle	5:29.15	5:24.80	298	19/01/19	City of Sunderland New Year Meet 2019	Sunderland	NE190293	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.30	30.00	325	16/06/19	Middlesbrough 2019 June Meet Gala	The Neptune Centre	NE190122	3
100 Freestyle	1:04.23	1:05.50	340	24/11/19	Tynemouth ASC 2019 Winter Gala	Tynemouth	NE193337	3
200 Freestyle	2:22.13	2:24.60	341	08/12/19	Middlesbrough Christmas 2019 Meet	Middlesbrough	NE192243	3
400 Freestyle	4:50.82	4:55.60	388	23/11/19	Tynemouth ASC 2019 Winter Gala	Tynemouth	NE193337	3
1500 Freestyle	20:47.98	21:04.40	312	17/03/19	Tynemouth ASC 2019 Spring Gala	Tynemouth Pool	NE191463	3
50 Breaststroke	39.20	40.00	257	17/03/19	Tynemouth ASC 2019 Spring Gala	Tynemouth Pool	NE191463	3
100 Breaststroke	1:25.58	1:27.00	269	16/06/19	Middlesbrough 2019 June Meet Gala	The Neptune Centre	NE190122	3
200 Breaststroke	3:39.35	3:41.80	164	20/11/16	Tynemouth Winter Gala	Tynemouth	NE161575	3
50 Butterfly	32.93	33.50	288	24/11/19	Tynemouth ASC 2019 Winter Gala	Tynemouth	NE193337	3
100 Butterfly	1:16.10	1:17.10	247	23/06/19	Tynemouth ASC Club Championships	Tynemouth	NE191528	4
50 Backstroke	39.31	39.80	177	06/10/19	Tynemouth ASC Club Championships	Tynemouth	NE191529	4
100 Backstroke	1:25.40	1:26.30	181	03/12/17	Blyth Xmas Cracker 2017	Blyth	NE172011	3
200 Backstroke	3:14.58	3:16.30	159	03/06/17	Derwentside 8th Annual Charity Swim Meet	Stanley	NE170152	3
200 Individual Medley	2:44.82	2:47.20	294	25/02/18	Tynemouth ASC Club Championships	Tynemouth	NE180544	4
400 Individual Medley	6:00.79	6:05.60	275	18/11/18	TASC Winer Gala	Tynemouth Pool	NE182119	3
100 Individual Medley	1:33.32	1:33.30	147	14/05/16	Tynemouth Open Sprints & Teams 2016	Tynemouth	NE160602	4