

Individual Best Times (All Time)

Declan Bennett - (911915) - Lincoln Vulcans SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.08	31.40	276	23/09/12	City of Sheffield Teaspoon Gala	Sheffield	NE2146	3
1500 Freestyle	20:55.48	20:38.90	333	09/02/14	Leicestershire & Lincolnshire Long Distance Meet	Loughborough	CC4070	1
50 Breaststroke	43.10	42.40	218	23/09/12	City of Sheffield Teaspoon Gala	Sheffield	NE2146	3
50 Butterfly	35.69	35.20	242	23/09/12	City of Sheffield Teaspoon Gala	Sheffield	NE2146	3
50 Backstroke	40.25	39.70	200	23/09/12	City of Sheffield Teaspoon Gala	Sheffield	NE2146	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.68	27.40	431	02/07/16	Lincoln Vulcans Club Championships	Grantham	EM160568	3
100 Freestyle	59.96	1:01.30	418	02/07/16	Lincoln Vulcans Club Championships	Grantham	EM160568	3
200 Freestyle	2:14.36	2:16.90	404	11/07/15	Lincoln Vulcans Annual Club Championships	Grantham	EM150587	4
400 Freestyle	4:54.38	4:59.10	374	25/06/16	Lincoln Vulcans Club Championships	Grantham	EM160567	3
50 Breaststroke	35.10	36.00	359	25/06/16	Lincoln Vulcans Club Championships	Grantham	EM160567	3
100 Breaststroke	1:19.69	1:21.30	333	22/10/16	Lincoln Vulcans L2 Short Course Open Meet	Sheffield	EM160423	2
200 Breaststroke	3:01.43	3:04.30	290	04/01/14	Boston 9th Open Meet	Grantham	EM4026	3
50 Butterfly	30.19	30.80	373	09/04/16	Lincoln Vulcans Squad Sprints	Yarborough	EM160569	4
100 Butterfly	1:08.60	1:09.70	337	21/01/17	Lincolnshire County Championships 2017	Grantham	EM170026	2
200 Butterfly	2:45.03	2:46.90	271	22/11/15	Boston ASC Club 11th Open Meet	Grantham	EM151110	3
50 Backstroke	32.78	33.40	306	26/11/16	Lincoln Vulcans Squad Sprints	Yarborough	EM160570	4
100 Backstroke	1:10.18	1:11.30	326	30/04/16	South Lincs Tulip Meet 2016	Spalding	EM160420	3
200 Backstroke	2:33.85	2:36.00	323	11/07/15	Lincoln Vulcans Annual Club Championships	Grantham	EM150587	4
200 Individual Medley	2:33.67	2:36.20	363	22/10/16	Lincoln Vulcans L2 Short Course Open Meet	Sheffield	EM160423	2
400 Individual Medley	5:41.90	5:47.00	323	08/03/14	Lincolnshire 63rd Annual County Champs	Louth	CC4015	2
100 Individual Medley	1:09.29	1:09.30	359	21/11/15	Boston ASC Club 11th Open Meet	Grantham	EM151110	3