

Individual Best Times (All Time)

Sophie Gardner - (911591) - South Ayrshire ASC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.20	33.80	329	07/11/15	Ren 96 Open Meet	Linwood	SCO1049	2
100 Freestyle	1:13.40	1:14.50	320	07/11/15	Ren 96 Open Meet	Linwood	SCO1049	2
50 Breaststroke	43.61	44.30	275	19/12/15	Cumbernauld Christmas Sprints 2015	Cumbernauld	SCO1064	3
100 Breaststroke	1:35.79	1:37.10	275	13/06/15	Open Age Group and Senior Meet 2015	Glasgow	SCO1002	2
50 Butterfly	37.04	37.50	285	24/01/16	SAST Mini Meet 2016	Ayr	SCO1073	2
50 Backstroke	40.53	41.00	241	24/01/16	SAST Mini Meet 2016	Ayr	SCO1073	2
100 Backstroke	1:26.29	1:27.20	257	07/11/15	Ren 96 Open Meet	Linwood	SCO1049	2
200 Individual Medley	3:28.60	3:30.50	199	15/03/14	Cumbernauld Spring Graded Meet 2014	Tryst	SCO821	2
100 Individual Medley	1:25.45	1:25.50	289	24/01/16	SAST Mini Meet 2016	Ayr	SCO1073	2