

# Individual Best Times (All Time)

Zara Mullooly - (908441) - Leeds University Aquatics SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.22	27.50	585	09/09/19	2019 World Para Swimming Allianz Championships	London	DIS123	1
100 Freestyle	1:01.28	59.90	600	09/09/19	2019 World Para Swimming Allianz Championships	London	DIS123	1
200 Freestyle	2:13.00	2:10.40	610	13/12/19	Amsterdam Euro Cup	Amsterdam, Holland	GBR1251	1
400 Freestyle	4:34.91	4:29.80	627	09/09/19	2019 World Para Swimming Allianz Championships	London	DIS123	1
800 Freestyle	9:54.93	9:45.10	541	15/02/20	NASA 2020 County Championships	Corby	EM200573	1
1500 Freestyle	19:10.58	18:52.50	512	24/03/18	Rushmoor Royals L1 Spring National Qualifier Open	Aldershot	SE180086	1
50 Breaststroke	47.37	46.70	233	18/04/15	German International Open 2015	Berlin	DIS105	1
100 Breaststroke	1:38.89	1:37.60	272	02/03/18	Copenhagen 2018 World Para Swimming World Series	Copenhagen, Denmark	GBR659	1
50 Butterfly	32.98	32.40	406	17/02/18	Surrey Age Group Championships 2018	Surrey	LR180304	1
100 Butterfly	1:09.76	1:08.70	503	11/09/19	2019 World Para Swimming Allianz Championships	London	DIS123	1
50 Backstroke	37.43	36.90	369	27/02/16	Surrey County ASA Age Group Championships 2016	Crystal Palace	LR160384	1
100 Backstroke	1:17.71	1:16.70	401	29/04/17	British Para Swimming International 2017	Sheffield	BSW003	1
200 Individual Medley	2:46.36	2:44.00	435	26/03/17	Guildford City Springboard Level 1 Open Meet	Surrey	SE170124	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.53	29.30	519	03/11/19	Midlands Winter Short Course Championships 2019	Nottingham	EM193013	2
100 Freestyle	1:01.39	1:02.70	548	02/11/19	Midlands Winter Short Course Championships 2019	Nottingham	EM193013	2
200 Freestyle	2:11.84	2:14.40	585	10/07/21	Northampton Swimming Club Summer Festival 2021	Corby	EM210148	4
400 Freestyle	4:37.48	4:42.50	579	16/11/19	The Leicester Open 2019	Braunstone	EM193161	2
800 Freestyle	9:38.80	9:48.70	561	29/10/19	Northampton SC Time Trials	Moulton College	EM193227	4
50 Breaststroke	45.32	46.00	245	27/09/15	Woking SC Club Championships 2015	Woking	SE151346	4
100 Breaststroke	1:40.52	1:41.80	238	04/10/15	Woking Club Championships 2015	Woking	SE151347	4
200 Breaststroke	3:27.98	3:30.50	270	20/10/15	Woking Club Championships 2015	Woking	SE151348	4
50 Butterfly	34.92	35.50	340	23/01/16	Woking Club Championships 2015	Woking	SE160044	4
100 Butterfly	1:13.98	1:15.00	389	10/12/17	National Para-Swimming Champs 2017	Manchester	DIS116	2
200 Butterfly	3:12.06	3:13.70	241	27/09/15	Woking SC Club Championships 2015	Woking	SE151346	4
50 Backstroke	35.81	36.40	350	27/09/15	Woking SC Club Championships 2015	Woking	SE151346	4
100 Backstroke	1:15.64	1:16.70	382	04/02/17	Surrey Age Group Championships	Guildford	LR170176	2
200 Backstroke	2:47.74	2:49.70	356	04/10/15	Woking Club Championships 2015	Woking	SE151347	4
200 Individual Medley	2:46.46	2:48.80	392	21/11/21	BUCS Short Course Swimming	Sheffield	NE210935	2
100 Individual Medley	1:20.38	1:20.40	347	04/10/15	Woking Club Championships 2015	Woking	SE151347	4