

Individual Best Times (All Time)

Henry Linehan - (908419) - Watford SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	37.08	37.60	160	18/06/14	Watford SC Club Championships Sprints 2014	Watford	ER4865	4
100 Freestyle	1:23.19	1:24.20	156	18/06/14	Watford SC Club Championships Sprints 2014	Watford	ER4865	4
200 Freestyle	3:00.44	3:02.40	167	01/07/15	Watford Club Championships 2015	Watford	ER151199	4
400 Freestyle	6:20.54	6:24.20	173	19/07/15	Watford Club Championships 2015	Watford	ER151204	4
50 Breaststroke	48.49	49.10	136	02/07/15	Watford Club Championships 2015	Watford	ER151200	4
100 Breaststroke	1:50.85	1:52.00	124	16/07/14	Watford SC Club Championships Sprints 2014	Watford	ER4867	4
200 Breaststroke	3:51.32	3:53.60	140	09/10/14	Watford Club Championships	Watford	ER14197	4
50 Butterfly	45.14	45.60	111	28/06/14	WSC Terry Davies Alternative Nationals	Watford	ER4475	3
50 Backstroke	41.85	42.30	147	01/07/15	Watford Club Championships 2015	Watford	ER151199	4
100 Backstroke	1:27.77	1:28.70	166	02/07/15	Watford Club Championships 2015	Watford	ER151200	4
200 Backstroke	3:23.46	3:25.10	139	04/10/14	Harpenden Legacy Meet	Borehamwood	ER4513	3
200 Individual Medley	3:24.32	3:26.20	154	31/01/15	Potters Bar Winter Open 2015	Potters Bar	ER150125	3