

Individual Best Times (All Time)

Rachel Martlew - (908103) - Stafford Apex SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	38.32	37.80	233	19/01/14	City of Coventry Open Meet 2014	Coventry	WM4070	3
100 Freestyle	1:18.75	1:17.70	283	19/01/14	City of Coventry Open Meet 2014	Coventry	WM4070	3
200 Freestyle	2:45.30	2:43.20	318	19/01/14	City of Coventry Open Meet 2014	Coventry	WM4070	3
100 Breaststroke	1:48.11	1:46.90	208	19/01/14	City of Coventry Open Meet 2014	Coventry	WM4070	3
200 Breaststroke	3:43.91	3:41.50	231	19/01/14	City of Coventry Open Meet 2014	Coventry	WM4070	3
200 Individual Medley	3:17.60	3:15.60	260	19/01/14	City of Coventry Open Meet 2014	Coventry	WM4070	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.40	36.00	271	19/10/14	Retford SC 5th Early Bird Meet	Retford	EM14229	3
100 Freestyle	1:15.32	1:16.40	296	23/08/14	Sheffield City SC 11th Annual Open Sprint Meet	Sheffield	NE4499	3
200 Freestyle	2:39.47	2:41.60	330	26/04/14	City of Derby L3 Short Course Meet	Derby	EM4293	3
400 Freestyle	5:34.12	5:38.30	331	23/11/13	Northgate PB Buster Gala	Wolverhampton	WM3336	3
50 Breaststroke	49.17	49.80	192	19/07/14	Wolverhampton SC Open Meet	Wolverhampton	WM4773	3
100 Breaststroke	1:46.26	1:47.40	202	20/10/13	Wolverhampton SC Sprint Meet	Wolverhampton	WM3840	3
200 Breaststroke	3:41.48	3:43.90	224	21/09/13	City of Stoke on Trent SC B Grade Meet	Fenton	WM3708	3
50 Butterfly	44.79	45.20	161	24/11/13	Northgate PB Buster Gala	Wolverhampton	WM3336	3
50 Backstroke	48.25	48.70	143	31/03/13	City of Birmingham SC 20th Open Meet	Birmingham	WM3260	3
100 Backstroke	1:35.13	1:36.00	192	24/11/13	Northgate PB Buster Gala	Wolverhampton	WM3336	3
200 Backstroke	3:09.59	3:11.30	246	23/11/13	Northgate PB Buster Gala	Wolverhampton	WM3336	3
200 Individual Medley	3:12.55	3:14.60	253	24/11/13	Northgate PB Buster Gala	Wolverhampton	WM3336	3
100 Individual Medley	1:31.32	1:31.30	236	21/09/14	City of Stoke on Trent B Grade Open Meet	Stoke on Trent	WM4536	3