

Individual Best Times (All Time)

Emily Whyte - (907937) - Team Ipswich Swimming

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.32	28.60	522	05/11/17	East Region Winter Championships	Norwich	ER170911	1
100 Freestyle	1:03.42	1:02.10	542	04/11/17	East Region Winter Championships	Norwich	ER170911	1
200 Freestyle	2:34.83	2:32.60	387	08/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	ER150078	1
50 Breaststroke	46.26	45.60	250	08/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	ER150078	1
100 Breaststroke	1:37.03	1:35.70	288	07/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	ER150078	1
50 Backstroke	31.98	31.30	592	24/03/18	Team Luton March Long Course Meet 2018	Luton	ER180343	1
100 Backstroke	1:08.75	1:07.60	579	25/03/18	Team Luton March Long Course Meet 2018	Luton	ER180343	1
200 Backstroke	2:31.50	2:29.30	536	24/03/18	Team Luton March Long Course Meet 2018	Luton	ER180343	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.51	29.20	520	03/02/18	Suffolk County Championships 2018	Ipswich	ER180352	2
100 Freestyle	1:02.13	1:03.50	529	18/03/17	Teamipswich March Open 2017	Ipswich	ER170552	3
200 Freestyle	2:13.51	2:16.10	564	17/11/18	Teamipswich November Open 2018	Ipswich	ER181908	3
400 Freestyle	4:38.30	4:43.30	574	18/03/18	Team Ipswich March Open 2018	Ipswich	ER180342	3
50 Breaststroke	36.87	37.70	455	11/02/18	Suffolk County Championships 2018	Ipswich	ER180353	2
100 Breaststroke	1:22.74	1:24.30	428	03/02/18	Suffolk County Championships 2018	Ipswich	ER180352	2
200 Breaststroke	3:20.89	3:23.50	300	06/12/15	Newmarket & District December Open Meet 2015	Newmarket	ER150617	3
50 Butterfly	32.24	32.80	432	04/02/18	Suffolk County Championships 2018	Ipswich	ER180352	2
50 Backstroke	31.28	31.90	525	10/02/18	Suffolk County Championships 2018	Ipswich	ER180353	2
100 Backstroke	1:07.22	1:08.40	544	11/02/18	Suffolk County Championships 2018	Ipswich	ER180353	2
200 Backstroke	2:27.19	2:29.40	527	19/03/17	Teamipswich March Open 2017	Ipswich	ER170552	3
200 Individual Medley	2:35.58	2:38.10	480	18/11/18	Teamipswich November Open 2018	Ipswich	ER181908	3
100 Individual Medley	1:10.78	1:10.80	508	10/02/18	Suffolk County Championships 2018	Ipswich	ER180353	2