

Individual Best Times (All Time)

Abigail Slack - (906670) - Borough Of Stockton Swim Scheme

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.45	29.80	466	07/04/19	Derwentio Excel 13th Long Course Open Meet	Sheffield	EM190236	1
100 Freestyle	1:05.63	1:04.30	489	06/04/19	Derwentio Excel 13th Long Course Open Meet	Sheffield	EM190236	1
200 Freestyle	2:25.01	2:22.60	471	07/07/19	City of Sunderland ASC Summer Splash 2019	Sunderland	NE192020	3
400 Freestyle	4:59.47	4:54.70	485	26/01/19	Chester le Street ASC and Derwentside Burns Meet	Sheffield	NE190005	1
800 Freestyle	10:21.28	10:11.90	475	11/02/22	Northumberland & Durham SA County Championships 22	Sunderland	NE220163	1
1500 Freestyle	20:07.74	19:50.50	442	21/01/22	City of Sunderland ASC New Year Meet 2022	Sunderland	NE220080	1
50 Breaststroke	55.85	55.30	142	04/07/15	City of Sunderland Summer Splash 2015	Sunderland	NE151248	3
100 Breaststroke	2:01.03	2:00.00	148	04/07/15	City of Sunderland Summer Splash 2015	Sunderland	NE151248	3
50 Butterfly	32.59	32.00	421	06/04/19	Derwentio Excel 13th Long Course Open Meet	Sheffield	EM190236	1
100 Butterfly	1:16.81	1:15.80	376	06/07/19	City of Sunderland ASC Summer Splash 2019	Sunderland	NE192020	3
200 Butterfly	2:48.31	2:46.40	379	07/07/19	City of Sunderland ASC Summer Splash 2019	Sunderland	NE192020	3
50 Backstroke	34.20	33.60	484	12/02/22	Northumberland & Durham SA County Championships 22	Sunderland	NE220163	1
100 Backstroke	1:14.20	1:13.10	461	12/02/22	Northumberland & Durham SA County Championships 22	Sunderland	NE220163	1
200 Backstroke	2:40.30	2:38.20	453	26/01/19	Chester le Street ASC and Derwentside Burns Meet	Sheffield	NE190005	1
200 Individual Medley	2:43.79	2:41.40	456	27/01/19	Chester le Street ASC and Derwentside Burns Meet	Sheffield	NE190005	1
400 Individual Medley	5:42.85	5:37.70	466	07/04/19	Derwentio Excel 13th Long Course Open Meet	Sheffield	EM190236	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.57	31.20	422	07/08/21	BOSSS	Billingham Forum	LEX3747	0
100 Freestyle	1:06.90	1:08.10	423	05/06/21	Borough of Stockton	Billingham Forum	LEX1946	0
200 Freestyle	2:20.93	2:23.40	479	12/10/19	BOSSS Winter Swim Festival 2019	Billingham	NE191908	2
400 Freestyle	4:54.65	4:59.40	483	11/10/19	BOSSS Winter Swim Festival 2019	Billingham	NE191908	2
800 Freestyle	10:20.38	10:29.60	455	26/10/18	Chester Le Street Junior Gala 2018	Chester-le-Street	NE182117	3
1500 Freestyle	19:11.16	19:29.00	491	17/11/19	BOSSS Scheme Time Trial	Billingham	NE193306	4
50 Breaststroke	42.29	43.00	301	05/01/19	Billingham New Year Meet 2019	Billingham	NE190139	3
100 Breaststroke	1:33.11	1:34.50	300	10/06/18	Derwentside 9th Annual Charity Swim Meet	Stanley	NE180179	3
200 Breaststroke	3:12.87	3:15.60	339	07/08/21	BOSSS	Billingham Forum	LEX3747	0
50 Butterfly	33.27	33.80	393	14/10/18	BOSSS Winter Swim Festival 2018	Billingham	NE181462	2
100 Butterfly	1:13.59	1:14.60	396	05/01/19	Billingham New Year Meet 2019	Billingham	NE190139	3
200 Butterfly	2:50.53	2:52.40	345	08/04/18	Gaw Spring Meet	Dunston	NE180771	3
50 Backstroke	33.04	33.60	446	08/01/22	Billingham New Year Meet	Billingham	NE220007	3
100 Backstroke	1:11.25	1:12.40	457	09/01/22	Billingham New Year Meet	Billingham	NE220007	3
200 Backstroke	2:30.10	2:32.30	497	06/11/21	SE North East Region Open Championships (25m) 2021	Sheffield	NE210917	2
200 Individual Medley	2:41.78	2:44.20	427	07/08/21	BOSSS	Billingham Forum	LEX3747	0
400 Individual Medley	5:40.81	5:45.90	438	27/11/21	Tynemouth ASC Winter Gala 2021	North Shields	NE211278	3
100 Individual Medley	1:40.02	1:40.00	180	15/11/14	Borough Of Stockton Swim Scheme Meet	Billingham	NE14131	3