

Individual Best Times (All Time)

Maxwell Jones - (906473) - Epping Forest Dist SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.64	27.90	389	14/07/18	RTSC End of Season Open Meet 2018	London Aquatic Ctr	LR181417	3
100 Freestyle	1:03.74	1:02.40	397	14/05/17	BPSC Spring Long Course Meet	Basildon	ER170183	1
200 Freestyle	2:19.87	2:17.40	387	19/02/17	Essex Age Group Championships 2017	Basildon	ER170025	1
50 Breaststroke	36.38	35.50	362	15/04/18	N&EL L1 National Qualifying Meet	London	LR180247	1
100 Breaststroke	1:23.35	1:21.80	317	29/10/17	Essex Senior Winter Championships 2017	Basildon	ER171405	1
200 Breaststroke	3:11.97	3:09.20	279	19/02/17	Essex Age Group Championships 2017	Basildon	ER170025	1
50 Butterfly	31.24	30.60	362	14/05/17	BPSC Spring Long Course Meet	Basildon	ER170183	1
100 Butterfly	1:12.88	1:11.80	312	19/02/17	Essex Age Group Championships 2017	Basildon	ER170025	1
50 Backstroke	35.96	35.40	280	04/02/17	Essex Age Group Championships	London	ER170023	1
100 Backstroke	1:14.63	1:13.50	330	18/02/17	Essex Age Group Championships 2017	Basildon	ER170025	1
200 Individual Medley	2:42.97	2:40.50	342	14/04/18	N&EL L1 National Qualifying Meet	London	LR180247	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.51	28.30	393	07/10/17	Bor Redbridge Early County Qual Meet Oct 2017	Ilford	LR170532	3
100 Freestyle	1:01.12	1:02.50	394	07/10/17	Bor Redbridge Early County Qual Meet Oct 2017	Ilford	LR170532	3
200 Freestyle	2:15.16	2:17.70	397	16/12/17	Last Chance County Qualifying Meet December 2017	Fullwell Cross	LR170570	3
400 Freestyle	4:56.11	5:00.80	368	22/11/17	Epping Forest Internal Club Champs	Loughton	ER172207	4
1500 Freestyle	19:42.91	20:00.20	366	07/12/16	Epping Forest Club Championships	Loughton	ER161341	4
50 Breaststroke	36.84	37.70	310	18/12/16	LBRSC Last Chance Qualifying Meet	Fullwell Cross	LR161365	3
100 Breaststroke	1:19.60	1:21.20	334	16/12/17	Last Chance County Qualifying Meet December 2017	Fullwell Cross	LR170570	3
200 Breaststroke	2:56.34	2:59.30	316	03/12/17	Epping Forest Internal Club Champs	Loughton	ER172209	4
50 Butterfly	31.42	32.00	331	11/06/17	Epping Forest Three Trees Gala (club only)	Loughton	ER171107	4
100 Butterfly	1:12.54	1:13.60	285	04/12/16	Epping Forest District Yuletide Gala 2016	Loughton	ER161713	3
200 Butterfly	2:55.51	2:57.30	225	13/07/16	Epping Forest Club Championships	Loughton	ER161334	4
50 Backstroke	33.18	33.80	295	16/12/17	Last Chance County Qualifying Meet December 2017	Fullwell Cross	LR170570	3
100 Backstroke	1:13.27	1:14.40	286	04/12/16	Epping Forest District Yuletide Gala 2016	Loughton	ER161713	3
200 Backstroke	2:35.91	2:38.00	310	30/11/16	Epping Forest Club Championships	Loughton	ER161340	4
200 Individual Medley	2:53.99	2:56.20	250	06/12/15	Epping Forest District Yuletide Gala 2015	Loughton	ER150889	3
400 Individual Medley	6:21.03	6:25.60	234	06/07/16	Epping Forest Club Championships	Loughton	ER161334	4
100 Individual Medley	1:10.02	1:10.00	348	26/11/17	Epping Forest Internal Club Champs	Loughton	ER172207	4