

Individual Best Times (All Time)

Katie Hill - (906380) - East Kilbride ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:10.44	1:09.20	395	06/06/15	East Kilbride Long Course Open Age Group Meet	East Kilbride	SCO991	2
200 Freestyle	2:38.53	2:36.30	360	04/06/17	East Kilbride Long Course Meet	East Kilbride	SCO1306	1
50 Breaststroke	39.50	38.70	402	07/05/16	2016 Best in the West Open Meet	Glasgow	SCO1127	1
100 Breaststroke	1:29.57	1:28.10	367	08/05/16	2016 Best in the West Open Meet	Glasgow	SCO1127	1
200 Breaststroke	3:07.06	3:04.20	397	14/05/17	SASA West Dist LC Best in the West AG Meet	East Kilbride	SCO1291	1
100 Backstroke	1:21.42	1:20.40	349	14/01/17	2017 SASA West District LC AG R1 Championship	East Kilbride	SCO1223	1
200 Individual Medley	2:51.38	2:49.10	398	05/03/17	2017 SASA West District LC AG R3 Championship	East Kilbride	SCO1257	1
400 Individual Medley	6:08.56	6:03.80	375	13/05/17	SASA West Dist LC Best in the West AG Meet	East Kilbride	SCO1291	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.96	31.60	406	14/02/16	Sharks Open Meet	Bellshill	SCO1082	1
100 Freestyle	1:06.52	1:07.80	431	26/11/16	Dumfries Advent Open 2016	Dumfries	SCO1208	2
200 Freestyle	2:26.88	2:29.20	423	27/11/16	Dumfries Advent Open 2016	Dumfries	SCO1208	2
400 Freestyle	5:13.52	5:18.00	401	12/02/17	North Ayrshire 200 Meet	Auchenharvie	SCO1242	2
50 Breaststroke	38.29	39.10	406	12/06/16	Open Age Group and Senior Meet 2016	Cumbernauld	SCO1146	2
100 Breaststroke	1:24.92	1:26.40	395	23/04/16	SAST Open Age Group Meet	Ayr	SCO1114	2
200 Breaststroke	3:02.56	3:05.40	400	24/04/16	SAST Open Age Group Meet	Ayr	SCO1114	2
50 Butterfly	36.85	37.40	289	11/06/16	Open Age Group and Senior Meet 2016	Cumbernauld	SCO1146	2
100 Butterfly	1:20.54	1:21.50	302	12/03/17	Cumbernauld Spring Graded Meet	Tryst LC	SCO1259	2
50 Backstroke	35.81	36.40	350	24/10/15	Alloa Graded Meet 2015	Alloa	SCO1032	2
100 Backstroke	1:14.07	1:15.10	406	30/10/16	Carnegie Winter Open Meet	Glenrothes	SCO1190	2
200 Backstroke	2:44.12	2:46.10	380	12/02/17	North Ayrshire 200 Meet	Auchenharvie	SCO1242	2
200 Individual Medley	2:43.66	2:46.10	412	12/03/17	Cumbernauld Spring Graded Meet	Tryst LC	SCO1259	2
400 Individual Medley	5:52.11	5:57.10	397	11/02/17	North Ayrshire 200 Meet	Auchenharvie	SCO1242	2
100 Individual Medley	1:19.64	1:19.60	357	27/08/16	2016 SASA West District SR Champs	Glasgow	SCO1161	1