

Individual Best Times (All Time)

Nathan Denton - (906215) - Everton Swimming Assoc

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.28	31.60	271	19/02/17	City of Liverpool Splash & Dash	Liverpool	NW170202	3
100 Freestyle	1:34.84	1:33.90	120	22/06/13	City of Liverpool Summer Sprints	Liverpool	NW3386	3
400 Freestyle	5:00.60	4:55.90	392	28/01/18	Lancs County WPSA Age Groups & Championships	Manchester	NW180031	1
50 Breaststroke	40.31	39.50	266	19/02/17	City of Liverpool Splash & Dash	Liverpool	NW170202	3
100 Breaststroke	1:38.32	1:37.00	193	21/06/15	City of Liverpool Level 3 Open Summer Meet	Liverpool	NW150790	3
200 Breaststroke	3:48.61	3:46.30	165	09/03/14	Lancashire Age Groups & Championships	Manchester	CC4086	1
50 Butterfly	37.15	36.60	215	19/02/17	City of Liverpool Splash & Dash	Liverpool	NW170202	3
50 Backstroke	39.78	39.30	207	19/02/17	City of Liverpool Splash & Dash	Liverpool	NW170202	3
200 Individual Medley	3:11.13	3:09.00	212	20/06/15	City of Liverpool Level 3 Open Summer Meet	Liverpool	NW150790	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.67	30.40	313	26/06/21	Everton	Knowsley	LEX2694	0
100 Freestyle	1:04.87	1:06.10	330	07/10/18	Prescot & Everton October Meet 2018	Knowsley	NW182013	3
200 Freestyle	2:19.66	2:22.10	360	21/10/17	Liverpool & District Age Group & Swimming Champs	Knowsley	NW172025	2
400 Freestyle	4:48.43	4:53.30	398	02/12/17	Everton Club Championships	Liverpool	NW171766	4
50 Breaststroke	36.75	37.60	312	07/10/18	Prescot & Everton October Meet 2018	Knowsley	NW182013	3
100 Breaststroke	1:20.13	1:21.70	328	06/10/18	Prescot & Everton October Meet 2018	Knowsley	NW182013	3
200 Breaststroke	2:53.14	2:56.20	334	25/11/17	Everton Club Championships	Liverpool	NW171765	4
50 Butterfly	32.84	33.40	290	15/07/18	Southport End of Season 'Sprint Finale'	Knowsley	NW180434	3
100 Butterfly	1:18.18	1:19.10	228	02/12/17	Everton Club Championships	Liverpool	NW171766	4
50 Backstroke	44.26	44.70	124	06/12/14	Everton AS Club Championships	Everton	NW4945	4
100 Backstroke	1:26.57	1:27.50	173	21/11/15	Everton SA Club Championships	Knowsley	NW151661	4
200 Individual Medley	2:34.96	2:37.50	354	06/10/18	Prescot & Everton October Meet 2018	Knowsley	NW182013	3
100 Individual Medley	1:12.85	1:12.80	309	15/07/18	Southport End of Season 'Sprint Finale'	Knowsley	NW180434	3