## **Individual Best Times (All Time)**

Harriet Talbot - (904162) - North Lincs Swim Squad

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.38	31.70	387	15/03/14	Yorkshire County Championships	Sheffield	CC4069	1
100 Freestyle	1:09.19	1:08.00	417	21/06/14	ASA North East Region Age Group Champs	Sunderland	NER424	1
200 Freestyle	2:35.28	2:33.00	383	22/02/14	Yorkshire SA County Championships	Leeds	CC4068	1
400 Freestyle	5:15.47	5:11.00	415	05/04/14	Derventio Excel 8th LC Open Meet	Sheffield	EM4029	1
800 Freestyle	11:03.01	10:54.20	390	16/02/14	Yorkshire SA County Championship	Leeds	CC4067	1
50 Breaststroke	43.27	42.50	306	15/03/14	Yorkshire County Championships	Sheffield	CC4069	1
100 Breaststroke	1:38.70	1:37.40	274	18/01/14	Rotherham Metro SC A & B Grade LC Meet	Sheffield	NE4046	3
200 Breaststroke	3:31.25	3:28.70	276	22/12/13	Derventio eXcel Christmas Cracker Meet	Sheffield	EM3630	1
50 Butterfly	33.73	33.20	379	15/03/14	Yorkshire County Championships	Sheffield	CC4069	1
100 Butterfly	1:12.09	1:11.00	455	14/06/14	ASA North East Region BG Regional AG Champs	Sheffield	NER423	1
200 Butterfly	2:39.71	2:37.70	443	08/06/14	ASA North East Region British Gas Regional	Leeds	NER422	1
50 Backstroke	38.75	38.20	333	10/01/15	City of Derby Fourteenth LC Level 1 Open Meet	Sheffield	EM150072	1
100 Backstroke	1:25.08	1:24.10	305	15/02/14	Yorkshire SA County Championship	Leeds	CC4067	1
200 Individual Medley	2:49.42	2:47.10	412	21/06/14	ASA North East Region Age Group Champs	Sunderland	NER424	1
400 Individual Medley	5:57.05	5:52.10	412	07/06/14	ASA North East Region British Gas Regional	Leeds	NER422	1

## **Short Course**

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.33	33.00	356	21/03/15	Lincolnshire County ASA Swimming Championships	Louth	CC150041	2
100 Freestyle	1:10.31	1:11.50	365	21/03/15	Lincolnshire County ASA Swimming Championships	Louth	CC150041	2
200 Freestyle	2:31.97	2:34.20	382	12/07/14	Cleethorpes & District Club Championships & TT	Grimsby	NE4767	4
400 Freestyle	5:16.82	5:21.20	389	08/03/15	Lincolnshire County ASA Swimming Championships	Louth	CC150040	2
800 Freestyle	10:36.88	10:45.90	421	11/07/14	Cleethorpes & District Club Championships & TT	Grimsby	NE4766	4
50 Breaststroke	42.94	43.70	288	31/12/13	Cleethorpes & District SC Club Championships	Grimsby	NE31001	4
100 Breaststroke	1:31.09	1:32.50	320	08/03/15	Lincolnshire County ASA Swimming Championships	Louth	CC150040	2
200 Breaststroke	3:19.31	3:21.90	307	27/09/14	Cleethorpe & District Club Championships	Grimsby	NE4770	4
50 Butterfly	34.29	34.80	359	08/03/15	Lincolnshire County ASA Swimming Championships	Louth	CC150040	2
100 Butterfly	1:13.02	1:14.10	405	11/10/14	Yorkshire Winter Championships	Sheffield	NE14602	2
200 Butterfly	2:40.47	2:42.40	414	12/07/14	Cleethorpes & District Club Championships & TT	Grimsby	NE4767	4
50 Backstroke	37.64	38.20	301	07/03/15	Lincolnshire County ASA Swimming Championships	Louth	CC150040	2
100 Backstroke	1:20.72	1:21.70	314	30/11/14	Louth Club Championships	Louth	EM14590	4
200 Backstroke	2:49.17	2:51.10	347	08/03/15	Lincolnshire County ASA Swimming Championships	Louth	CC150040	2
200 Individual Medley	2:48.90	2:51.20	375	08/03/15	Lincolnshire County ASA Swimming Championships	Louth	CC150040	2
400 Individual Medley	5:58.73	6:03.60	376	07/03/15	Lincolnshire County ASA Swimming Championships	Louth	CC150040	2

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