

# Individual Best Times (All Time)

Katie McLaughlan - (90046042) - Dundee City Aquatics SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.64	32.00	378	28/04/24	Uo Aberdeen PS Age Group Open 2024	Aberdeen	SCO2185	1
100 Freestyle	1:12.98	1:11.80	355	16/03/24	SASA Midland District LC Mid March Meet	Dundee	SCO2165	1
200 Freestyle	2:42.49	2:40.30	334	17/03/24	SASA Midland District LC Mid March Meet	Dundee	SCO2165	1
800 Freestyle	12:28.75	12:21.00	271	17/03/24	SASA Midland District LC Mid March Meet	Dundee	SCO2165	1
100 Breaststroke	1:39.73	1:38.50	265	28/04/24	Uo Aberdeen PS Age Group Open 2024	Aberdeen	SCO2185	1
200 Breaststroke	3:31.43	3:28.90	275	17/03/24	SASA Midland District LC Mid March Meet	Dundee	SCO2165	1
50 Backstroke	40.95	40.50	282	20/01/24	City of Sunderland ASC New Year Meet 2024	Sunderland	NE240152	1
100 Backstroke	1:28.70	1:27.80	270	17/03/24	SASA Midland District LC Mid March Meet	Dundee	SCO2165	1
200 Backstroke	3:03.98	3:02.20	299	16/03/24	SASA Midland District LC Mid March Meet	Dundee	SCO2165	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.14	35.70	277	11/11/23	Lothian Graded Meet 2023	Mercat Gait Centre	SCO2107	2
100 Freestyle	1:12.72	1:13.90	329	28/01/24	SASA Midland District League One - Round 2 2024	Dundee	SCO2141	2
200 Freestyle	2:48.70	2:50.80	279	13/01/24	Westhill January Meet 2024	Westhill	SCO2132	3
50 Breaststroke	48.40	49.00	201	11/11/23	Lothian Graded Meet 2023	Mercat Gait Centre	SCO2107	2
100 Breaststroke	1:38.24	1:39.50	255	17/02/24	Glenrothes Spring meet 2024	Glenrothes	SCO2145	2
200 Breaststroke	3:23.55	3:26.10	288	19/05/24	Carnegie Spring Meet 2024	Glenrothes	SCO2196	2
50 Butterfly	42.08	42.50	194	11/11/23	Lothian Graded Meet 2023	Mercat Gait Centre	SCO2107	2
100 Butterfly	1:32.92	1:33.70	196	17/02/24	Glenrothes Spring meet 2024	Glenrothes	SCO2145	2
50 Backstroke	41.23	41.70	229	11/11/23	Lothian Graded Meet 2023	Mercat Gait Centre	SCO2107	2
100 Backstroke	1:29.04	1:29.90	234	17/02/24	Glenrothes Spring meet 2024	Glenrothes	SCO2145	2
200 Backstroke	3:04.19	3:06.00	269	13/01/24	Westhill January Meet 2024	Westhill	SCO2132	3
200 Individual Medley	2:58.59	3:00.80	317	19/05/24	Carnegie Spring Meet 2024	Glenrothes	SCO2196	2
100 Individual Medley	1:32.40	1:32.40	228	11/11/23	Lothian Graded Meet 2023	Mercat Gait Centre	SCO2107	2