

Individual Best Times (All Time)

Adam Ptushkin - (90040629) - Menzieshill & Whitehall Swimming

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:23.63	1:22.60	175	16/03/24	SASA Midland District LC Mid March Meet	Dundee	SCO2165	1
50 Breaststroke	48.06	47.40	157	11/02/24	ND Age Group Champs Rd 1 2024	Aberdeen	SCO2144	1
100 Breaststroke	1:41.29	1:40.00	177	16/03/24	SASA Midland District LC Mid March Meet	Dundee	SCO2165	1
100 Butterfly	1:48.24	1:47.50	95	17/03/24	SASA Midland District LC Mid March Meet	Dundee	SCO2165	1
100 Backstroke	1:38.64	1:37.80	143	17/03/24	SASA Midland District LC Mid March Meet	Dundee	SCO2165	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	42.18	42.70	109	19/03/23	Perth City Swim Club Graded Meet 2023	Perth	SCO2002	3
100 Freestyle	1:20.66	1:21.70	171	09/06/24	Dundee City Aquatics Stars of the future 2024	Dundee	SCO2205	2
800 Freestyle	13:32.50	13:39.60	162	04/02/24	Long Distance Time trial 2024 v	Dundee	SCO2150	2
50 Breaststroke	49.23	49.90	130	10/09/23	SASA Midland District Sprints 2023	Arbroath	SCO2060	2
100 Breaststroke	1:40.58	1:41.80	166	09/06/24	Dundee City Aquatics Stars of the future 2024	Dundee	SCO2205	2
50 Butterfly	50.88	51.30	78	26/03/23	Arbroath St Thomas ASC Spring Sprints 2023	Arbroath	SCO2008	2
100 Butterfly	1:45.69	1:46.40	92	09/06/24	Dundee City Aquatics Stars of the future 2024	Dundee	SCO2205	2
50 Backstroke	47.03	47.50	103	19/03/23	Perth City Swim Club Graded Meet 2023	Perth	SCO2002	3
100 Backstroke	1:33.61	1:34.50	137	09/06/24	Dundee City Aquatics Stars of the future 2024	Dundee	SCO2205	2
100 Individual Medley	1:42.09	1:42.10	112	26/03/23	Arbroath St Thomas ASC Spring Sprints 2023	Arbroath	SCO2008	2