

# Individual Best Times (All Time)

Francesco Orsi - (90038368) - Musselburgh ASC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:06.91	1:05.60	343	14/04/24	2024 Scottish National Age Group Swimming Champs	Aberdeen	SS240959	1
50 Breaststroke	41.29	40.50	248	03/02/24	East District Age Groups 2024	Edinburgh	SCO2149	1
100 Breaststroke	1:33.71	1:32.40	223	17/03/24	East District Age Group Champs R3 2024	Edinburgh	SCO2168	1
50 Butterfly	36.64	36.10	224	03/02/24	East District Age Groups 2024	Edinburgh	SCO2149	1
100 Butterfly	1:26.31	1:25.40	188	16/03/24	East District Age Group Champs R3 2024	Edinburgh	SCO2168	1
50 Backstroke	36.26	35.70	273	04/02/24	East District Age Groups 2024	Edinburgh	SCO2149	1
100 Backstroke	1:22.16	1:21.20	247	16/03/24	East District Age Group Champs R3 2024	Edinburgh	SCO2168	1
200 Individual Medley	2:57.68	2:55.40	264	17/03/24	East District Age Group Champs R3 2024	Edinburgh	SCO2168	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.07	30.80	301	19/05/24	Carnegie Spring Meet 2024	Glenrothes	SCO2196	2
100 Freestyle	1:07.20	1:08.40	297	19/05/24	Carnegie Spring Meet 2024	Glenrothes	SCO2196	2
200 Freestyle	2:31.63	2:33.90	281	03/03/24	East District Chilli Challenge	Bathgate	SCO2158	2
400 Freestyle	5:27.12	5:31.40	273	18/05/24	Carnegie Spring Meet 2024	Glenrothes	SCO2196	2
50 Breaststroke	41.39	42.10	219	18/05/24	Carnegie Spring Meet 2024	Glenrothes	SCO2196	2
100 Breaststroke	1:35.09	1:36.40	196	27/01/24	ELST Age Group Meet 2024	Prestonpans	SCO2139	2
200 Breaststroke	3:17.95	3:20.60	223	03/03/24	East District Chilli Challenge	Bathgate	SCO2158	2
50 Butterfly	34.78	35.30	244	26/05/24	Haddington Total Swimmer Meet 2024	Mercat Gait	SCO2198	2
100 Butterfly	1:24.63	1:25.50	179	27/04/24	Lothian Leagues Round 2 2024	Mercat Gait Centre	SCO2187	2
50 Backstroke	35.25	35.80	246	19/05/24	Carnegie Spring Meet 2024	Glenrothes	SCO2196	2
100 Backstroke	1:21.77	1:22.70	206	25/02/24	Midlothian Spring Meet 2024	East Lothian	SCO2154	2
200 Individual Medley	2:53.07	2:55.30	254	26/05/24	Haddington Total Swimmer Meet 2024	Mercat Gait	SCO2198	2
100 Individual Medley	1:17.60	1:17.60	256	18/05/24	Carnegie Spring Meet 2024	Glenrothes	SCO2196	2