

# Individual Best Times (All Time)

Jessica Craik - (90036244) - Dundee City Aquatics SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:18.10	1:17.00	290	16/03/24	SASA Midland District LC Mid March Meet	Dundee	SCO2165	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	39.31	39.80	198	21/05/23	Carnegie Spring Age Group Meet 2023	Michael Woods Centre	SCO2032	2
100 Freestyle	1:22.29	1:23.30	227	17/02/24	Glenrothes Spring meet 2024	Glenrothes	SCO2145	2
200 Freestyle	2:52.05	2:54.10	263	18/05/24	Carnegie Spring Meet 2024	Glenrothes	SCO2196	2
400 Freestyle	6:05.73	6:09.60	252	25/02/24	DCA Distance Meet 2024 Round 2	Dundee	SCO2151	1
50 Breaststroke	52.37	53.00	158	18/05/24	Carnegie Spring Meet 2024	Glenrothes	SCO2196	2
100 Breaststroke	1:55.40	1:56.50	157	17/02/24	Glenrothes Spring meet 2024	Glenrothes	SCO2145	2
50 Butterfly	39.66	40.10	232	18/05/24	Carnegie Spring Meet 2024	Glenrothes	SCO2196	2
100 Butterfly	1:40.78	1:41.50	154	20/04/24	SASA Midland District League One Round 3	Kinross	SCO2182	2
50 Backstroke	44.70	45.10	180	07/10/23	Hearts Premier Age Group Meet 2023	Michael Woods Centre	SCO2077	3
100 Backstroke	1:33.77	1:34.60	200	07/10/23	Hearts Premier Age Group Meet 2023	Michael Woods Centre	SCO2077	3
200 Backstroke	3:15.20	3:16.90	226	18/05/24	Carnegie Spring Meet 2024	Glenrothes	SCO2196	2
200 Individual Medley	3:22.25	3:24.20	218	17/02/24	Glenrothes Spring meet 2024	Glenrothes	SCO2145	2
100 Individual Medley	1:47.82	1:47.80	143	26/03/23	Arbroath St Thomas ASC Spring Sprints 2023	Arbroath	SCO2008	2