

# Individual Best Times (All Time)

Eilish Laing - (90033920) - Aberdeen Dolphins ASC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:24.00	1:23.00	233	09/06/24	Dyce LC Meet 2024	Aberdeen	SCO2202	2
100 Breaststroke	1:41.13	1:39.90	255	09/06/24	Dyce LC Meet 2024	Aberdeen	SCO2202	2

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	36.09	36.70	256	16/03/24	Aberdeen Development Series round 2 2024	Aberdeen	SCO2163	2
100 Freestyle	1:25.60	1:26.60	202	18/11/23	Garioch Miley Medley	Inverurie	SCO2117	2
200 Freestyle	3:04.83	3:06.70	212	11/05/24	Aberdeen Development Series Round 1 2024	Aberdeen	SCO2192	2
50 Breaststroke	44.34	45.00	261	11/05/24	Aberdeen Development Series Round 1 2024	Aberdeen	SCO2192	2
100 Breaststroke	1:42.62	1:43.80	224	16/03/24	Aberdeen Development Series round 2 2024	Aberdeen	SCO2163	2
200 Breaststroke	3:37.56	3:40.00	236	01/06/24	Aberdeen Development Series round 3 2024	Aberdeen	SCO2199	2
50 Butterfly	41.44	41.90	203	25/05/24	Ythan Junior Age Group Sprint and Relay Meet 2024	Ellon	SCO2197	2
100 Butterfly	1:43.12	1:43.90	143	03/12/23	Aberdeen Dolphin Club Championships	Aberdeen	SCO2124	3
50 Backstroke	43.75	44.20	192	25/05/24	Ythan Junior Age Group Sprint and Relay Meet 2024	Ellon	SCO2197	2
100 Backstroke	1:34.68	1:35.50	194	11/05/24	Aberdeen Development Series Round 1 2024	Aberdeen	SCO2192	2
200 Individual Medley	3:17.05	3:19.00	236	01/06/24	Aberdeen Development Series round 3 2024	Aberdeen	SCO2199	2
100 Individual Medley	1:31.25	1:31.30	237	25/05/24	Ythan Junior Age Group Sprint and Relay Meet 2024	Ellon	SCO2197	2