

Individual Best Times (All Time)

Sonny Caven - (90033247) - Dumfries ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	43.45	43.00	111	01/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
100 Freestyle	1:34.48	1:33.60	122	02/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
50 Breaststroke	51.43	50.80	128	01/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
100 Breaststroke	1:49.65	1:48.50	139	01/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
50 Butterfly	53.99	53.60	70	02/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
50 Backstroke	48.69	48.30	113	02/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
100 Backstroke	1:45.26	1:44.50	117	01/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	40.31	40.80	125	29/04/23	DASC Spring Splash 2023	Dumfries	SCO2026	2
100 Freestyle	1:32.49	1:33.40	113	30/04/23	DASC Spring Splash 2023	Dumfries	SCO2026	2
200 Freestyle	3:24.69	3:26.40	114	30/04/23	DASC Spring Splash 2023	Dumfries	SCO2026	2
50 Breaststroke	49.39	50.00	128	13/01/24	SWL Open Meet 2024	Bathgate, Scotland	SCO2133	2
100 Breaststroke	1:47.33	1:48.50	136	29/04/23	DASC Spring Splash 2023	Dumfries	SCO2026	2
50 Butterfly	50.10	50.50	81	25/03/23	Ulverston Spring Swim Fest 2023	Kendal	NW230688	3
100 Butterfly	1:48.79	1:49.50	84	26/11/23	Dumfries ASC Advent Meet 2023	Dumfries	SCO2122	2
50 Backstroke	46.38	46.80	108	13/01/24	SWL Open Meet 2024	Bathgate, Scotland	SCO2133	2
100 Backstroke	1:41.25	1:42.00	108	26/11/23	Dumfries ASC Advent Meet 2023	Dumfries	SCO2122	2
200 Individual Medley	3:36.47	3:38.30	129	29/04/23	DASC Spring Splash 2023	Dumfries	SCO2026	2
100 Individual Medley	1:36.28	1:36.30	134	17/09/23	DASC Dip and Dash	Dumfries	SCO2067	3