

Individual Best Times (All Time)

Macy Laidlaw - (90032964) - Musselburgh ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.98	30.30	442	03/02/24	East District Age Groups 2024	Edinburgh	SCO2149	1
100 Freestyle	1:06.91	1:05.60	461	16/03/24	East District Age Group Champs R3 2024	Edinburgh	SCO2168	1
200 Freestyle	2:26.36	2:24.00	458	04/02/24	East District Age Groups 2024	Edinburgh	SCO2149	1
50 Butterfly	35.35	34.80	330	04/02/24	East District Age Groups 2024	Edinburgh	SCO2149	1
100 Butterfly	1:17.81	1:16.80	362	17/03/24	East District Age Group Champs R3 2024	Edinburgh	SCO2168	1
50 Backstroke	36.80	36.20	388	03/02/24	East District Age Groups 2024	Edinburgh	SCO2149	1
100 Backstroke	1:18.01	1:17.00	396	17/03/24	East District Age Group Champs R3 2024	Edinburgh	SCO2168	1
200 Backstroke	2:53.96	2:52.00	354	10/04/24	2024 Scottish National Age Group Swimming Champs	Aberdeen	SS240959	1
200 Individual Medley	3:00.15	2:57.90	343	16/03/24	East District Age Group Champs R3 2024	Edinburgh	SCO2168	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.46	31.10	426	28/01/24	ELST Age Group Meet 2024	Prestonpans	SCO2139	2
100 Freestyle	1:04.94	1:06.20	463	17/02/24	Glenrothes Spring meet 2024	Glenrothes	SCO2145	2
200 Freestyle	2:23.18	2:25.60	457	02/03/24	East District Chilli Challenge	Bathgate	SCO2158	2
400 Freestyle	5:18.62	5:23.00	382	15/10/23	SWL Distance Meet 2023	Xcite Bathgate	SCO2074	2
50 Breaststroke	45.34	46.00	244	26/05/24	Haddington Total Swimmer Meet 2024	Mercat Gait	SCO2198	2
100 Breaststroke	2:02.44	2:03.50	132	30/04/22	Tranent Open Graded Meet	Mercat Gait Centre	SCO1896	2
50 Butterfly	34.39	34.90	356	26/05/24	Haddington Total Swimmer Meet 2024	Mercat Gait	SCO2198	2
100 Butterfly	1:18.54	1:19.50	325	24/02/24	Hearts Fast February	Edinburgh	SCO2155	2
200 Butterfly	2:50.75	2:52.60	343	03/03/24	East District Chilli Challenge	Bathgate	SCO2158	2
50 Backstroke	36.08	36.60	342	26/05/24	Haddington Total Swimmer Meet 2024	Mercat Gait	SCO2198	2
100 Backstroke	1:17.78	1:18.80	351	11/11/23	Lothian Graded Meet 2023	Mercat Gait Centre	SCO2107	2
200 Backstroke	2:40.83	2:42.90	404	03/03/24	East District Chilli Challenge	Bathgate	SCO2158	2
200 Individual Medley	2:50.90	2:53.20	362	17/02/24	Glenrothes Spring meet 2024	Glenrothes	SCO2145	2
100 Individual Medley	1:18.34	1:18.30	375	26/05/24	Haddington Total Swimmer Meet 2024	Mercat Gait	SCO2198	2